A Step by Step Resource Guide for Providers



Created by Tots-n-Tech Research Institute Arizona State University and Thomas Jefferson University http://tnt.asu.edu Welcome to the Caregiver-Child Interaction Plan Resource Guide! This guide contains information for early intervention providers who want to help families complete their daily activities more successfully. Within each section of the guide you will find examples of Caregiver-Child Interaction Plans (CCIPs) that can be used as starting points in creating families' personal CCIPs. Each CCIP contains a list of possible steps that may occur during a routine. Some families may have more steps in their routines and others may have less. Use these example steps to help families brainstorm steps that actually occur in their routines.

The guide is divided into 12 activities and routines that many families use each day. The routines include:

• Bath time

Mealtime

Playtime

• Story time

Outdoor play

Morning routine

• Travel time

• Leaving the house

• Community outings

Bed time

Errands

• Chores

Some CCIPs in this guide also include examples of adaptations to use during each step. Adaptations are helpful if a step in the routine is not going well. Some of the adaptations in this guide are appropriate for birth to three populations while others may be more appropriate for children up to the age of six. Please keep this in mind when deciding what adaptations to use. Good luck creating your own CCIPs!

Table of Contents

Bath Time	Page 3
Mealtime	Page 7
Playtime	Page 12
Story Time	Page 19
Outdoor Play	Page 25
Morning Routine	Page 32
Travel Time	Page 38
Leaving the House	Page 42
Community Outings	Page 48
Bedtime	Page 53
Errands	Page 59
Chores	Page 67



(This plan and the analysis of effectiveness are to be completed by the early interventionist and caregiver together)

Routine/Activity: Bathtime____ Location (if outside the home) _____ Date: ____

Is this routine goin	g well? Yes I	No (circle one)	Focus: Routine or Crea	ating Opportunities (circle one)
What I would like	to see happen	during this routine:		
What is the curren	t situation?			
Steps in the Routine	Problem (y/n)	Adaptations that will be used	What I will do	What my child is expected to do
Child goes to bathroom				
Child pulls down pants/shorts				
Child removes pants/shorts				
Child removes socks/shoes if applicable				
Child removes shirt (pull over)				
Child removes diaper				
Parent puts water in tub				
Child gets into bathtub				
Child's body is scrubbed and rinsed				
Child gets out of bathtub				
Child gets dressed Child goes to next activity				
Note: If the routin		well, planning focuses on con	npleting the routine; if the routine is	going well, planning focuses

Child: _____

Provider: _____



(This plan and the analysis of effectiveness are to be completed by the early interventionist and caregiver together)

Routine/Activity: Bathtime____ Location (if outside the home) _____

Is this routine going well? Yes No (circle one)

What I would like to see happen during this routine:

on embedding learning opportunities within the routine

What is the curre	ent situation;	<i>;</i>		
Steps in the Routine	Problem (y/n)	Adaptations that will be used	What I will do	What my child is expected to do
Parent says "it's bath time"				
Child runs to the bath and parent follows				
Child removes clothing				
Parent fills tub with water				
Child gets into bathtub				
Child splashes water outside of the tub				
Child's body is quickly scrubbed and rinsed				
Parent removes child from bath				
Parent cleans up water				
Child gets dressed and goes to next activity				
Note: If the routin	e is not going	well, planning focuses of	on completing the routine; if the routine is going	ng well, planning focuses

Child:	Provider:



(This plan and the analysis of effectiveness are to be completed by the early interventionist and caregiver together)

Routine/Activity: Bathtime____ Location (if outside the home) _____

Is this routine going well? Yes No (circle one)

What I would like to see happen during this routine:

What is the current situation?				
Steps in the Routine	Problem (y/n)	Adaptations that will be used	What I will do	What my child is expected to do
Parent and child go to bathroom	V ,			1
Put water into the bath tub				
Undress child				
Put child into the bath water				
Child's body is scrubbed and rinsed				
Parent pours water over child's head				
Child screams, cries, tries to get out of tub				
Parent holds child down to shampoo and rinse				
Child gets out of bathtub				
Child gets dressed and goes to next activity				
		well, planning focuses nities within the routing	on completing the routine; if the routine is going	ng well, planning focuses

Child:	Provider:



(This plan and the analysis of effectiveness are to be completed by the early interventionist and caregiver together)

Routine/Activity: Bathtime____ Location (if outside the home) _____

Is this routine going well? Yes No (circle one)

activity

What I would like to see happen during this routine:

What is the current situation?					
Steps in the Routine	Problem (y/n)	Adaptations that will be used	What I will do	What my child is expected to do	
Parent goes to bathroom and starts the bath water				•	
Child hears the water and runs					
Parent catches child and carries to bathtub					
Parent turns water off					
Parent undresses child					
Parent puts child into water					
Child is scrubbed and rinsed					
Child gets out of bathtub					
Child gets dressed and goes to next					

Note: If the routine is not going well, planning focuses on completing the routine; if the routine is going well, planning focuses on embedding learning opportunities within the routine

Child:	Provider:

6



(This plan and the analysis of effectiveness are to be completed by the early interventionist and caregiver together)

Routine/Activity: Mealtime ____ Location (if outside the home) _____

Is this routine going well? Yes No (circle one)

Child goes to next

activity

What I would like to see happen during this routine:

What is the curre	ent situation?	?		
Steps in the Routine	Problem (y/n)	Adaptations that will be used	What I will do	What my child is expected to do
Mom and child go to kitchen				
Mom presents child with two choices for meal or snack				
Mom makes desired food				
Child sits down to eat				
Child tells mom when she is all done				
Mom takes child's plate and cup to sink to clean				
Child helps mom dry her cup and plate				

Note: If the routine is not going well, planning focuses on completing the routine; if the routine is going well, planning focuses on embedding learning opportunities within the routine

Child:	Provider:

7



(This plan and the analysis of effectiveness are to be completed by the early interventionist and caregiver together)
*The adaptations provided on the chart are examples. Some adaptations are not appropriate for the birth to three population however all examples are appropriate for the birth to six population. Please keep this in mind when deciding what adaptations to use.

Routine/Activity: Mealtime	Location (if outside the home)		Date:
Is this routine going well? Yes No (c	ircle one)	Focus:	Routine or Creating Opportunities (circle one)
What I would like to see happen duri	ng this routine:		
What is the current situation?			

Steps in the	Problem	Adaptations that could be used	What I will do	What my child is
Routine	(y/n)			expected to do
Child goes to		 Use a <u>scooter</u> for moving to the kitchen. 		
kitchen		Have the child hold on to a hula hoop to increase		
		stability.		
		Stabilize the child while walking by tying		
		magazines or newspapers around their legs.		
		Build a Scoot-a-bout so the child can		
		independently move from one place to another.		
		Perform a short activity that the child likes to do		
		before or after; create a <u>schedule</u> so he/she can		
		anticipate the reward.		
		 Create a <u>schedule</u> to help the child transition. 		
		If your child is in a wheelchair, create a seatbelt		
		cover so he/she is more likely to stay fastened in		
		the chair on the way to the table.		
		 Use a <u>plastic desk</u> to keep an eye on the child 		
Parent prepares		while preparing a meal. Place the child in a		
meal		laundry basket for support and place a small		
		plastic desk over the laundry basket. Bring some		
		toys for the child to play with		
		If the child uses a <u>stander</u> , attach a tray and bring		
		toys to play with while preparing a meal.		
		To have the child help with meal preparation use		
		a <u>homemade stander</u> that is positioned in front of		
		the sink or countertop.		
		To interact with the child during meal		
		preparation, create an <u>object calendar</u> with steps		
		in the preparation process to let the child know		
		what is happening and what is going to come		
		next.		
		Create a <u>list of tasks</u> to perform and have the		
		child put the finished tasks in the 'done' pile.		
		Create a <u>schedule</u> to help the child stay on task;		
		cover up old tasks when done.		

hen done.		
Child:	Provider:	

Steps in the	Problem	Adaptations that could be used	What I will do	What my child is
Routine	(y/n)			expected to do
		• Use a <u>plastic desk</u> to keep an eye on the child		
		while setting the table. Place the child in a		
Parent or child		laundry basket for support and place a small		
sets the table		plastic desk over the laundry basket. Bring some		
		toys for the child to play with		
		If the child uses a <u>stander</u> , attach a tray and bring		
		toys to play with while setting the table.		
		Have the child help set the table by creating an		
		object calendar with steps for setting the table.		
		This may help the child remember what things		
		need to be put out.		
		 Create a <u>list of tasks</u> to perform and have the child put the finished tasks in the 'done' pile. 		
		 Create a <u>schedule</u> to help the child stay on task; 		
		cover up old tasks when done.		
		If your child is in a wheelchair, create a seatbelt		
		cover so he/she is more likely to stay fastened in		
		the chair on the way to the table.		
Child goes to		Use a <u>hula hoop</u> to help the child walk to the		
table		table.		
		Stabilize your child while walking by tying		
		magazines or newspapers around their legs. • Build a Scoot-a-bout so the child can		
		independently move from one place to another.		
		 Use a masking tape to create a path for the child 		
		to follow that leads to their chair.		
		Create a <u>schedule</u> or use My Day Board to help		
		the child transition.		
		 Create a list of tasks to perform and have the 		
		child put the finished tasks in the 'done' pile		
		 Create a schedule to help the child stay on task; 		
		cover up old tasks when done.		
		• Use bolsters to position the child in their chair.		
Child sits down		• Decrease fidgeting while sitting down by putting a		
		box underneath children's feet who don't reach		
		the floor.		
		• Create a schedule or use My Day Board to help		
		the child transition.		
		 Create a <u>list of tasks</u> to perform and have the 		
		child put the finished tasks in the 'done' pile.		
		• Create a <u>schedule</u> to help the child stay on task;		
		cover up old tasks when done.		
Ch:14/		Decrease fidgeting while putting the child's bib on Decrease fidgeting while putting the child's b		
Child/parent puts on bib		by putting a box underneath their feet if they		
on bib		don't reach the floor.		
		 Create a <u>schedule</u> or use My Day Board to help the child transition. 		
		 Create a list of tasks to perform and have the 		
		child put the finished tasks in the 'done' pile.		
		 Create a schedule to help the child stay on task; 		
		cover up old tasks when done.		

Steps in the	Problem	Adaptations that could be used	What I will do	What my child is
Routine	(y/n)			expected to do
Child eats food		Use different household objects to build up the		
		child's utensils so they can grasp their fork and		
		spoon better (<u>Grippers, Shower curtain rings</u> , <u>Built</u>		
		up handle grips)		
		Decrease fidgeting while eating by putting a box		
		underneath children's feet who don't reach the		
		floor.		
		Use a <u>communication device</u> to have a		
		conversation with the child during mealtime and		
		to select food choices, ask to pass food, say are		
		"finished", etc.		
		Create a <u>schedule</u> or use My Day Board to help		
		the child transition.		
		Create a <u>list of tasks</u> to perform and have the		
		child put the finished tasks in the 'done' pile.		
		Create a <u>schedule</u> to help the child stay on task;		
		cover up old tasks when done.		
		To prevent the child's plate from sliding around		
		the table while eating use a suction cup, damp		
		washcloth, or plastic place mat.		
Child wipes hands		Decrease fidgeting while cleaning up by putting a		
and face		box underneath children's feet who don't reach		
		the floor		
		Create a <u>list of tasks</u> to perform and have the		
		child put the finished tasks in the 'done' pile.		
		Create a <u>schedule</u> to help the child stay on task;		
		cover up old tasks when done.		
		Use a <u>communication display</u> to communicate		
		with the child through pictures.		
Child/parent		Decrease fidgeting while removing the child's bib		
remove bib		by putting a box underneath children's feet who		
		don't reach the floor.		
		 Create a <u>list of tasks</u> to perform and have the 		
		child put the finished tasks in the 'done' pile		
		Create a <u>schedule</u> to help the child stay on task;		
		cover up old tasks when done.		
		Use a <u>communication display</u> to communicate		
		with the child through pictures.		
Child gets down		Use the box for decreasing the child's <u>fidgeting</u> to		
from chair		help them get down from their chair.		
		Create a <u>list of tasks</u> to perform and have the		
		child put the finished tasks in the 'done' pile		
		 Create a <u>schedule</u> to help the child stay on task; 		
		cover up old tasks when done.		
		Use a <u>communication display</u> to communicate		
Child/second		with the child through pictures.		
Child/parent clears table		 Create a <u>list of tasks</u> to perform and have the child put the finished tasks in the 'done' pile 		
cicuis tubic		Create a <u>schedule</u> to help the child stay on task;		
		cover up old tasks when done.		
		Use a communication display to communicate		
		with the child through pictures.		
		with the child through pictures.		

Child:	Provider:

Steps in the	Problem	Adaptations that could be used	What I will do	What my child is
Routine	(y/n)			expected to do
Child/parent		Create a <u>list of tasks</u> to perform and have the		
cleans up kitchen		child put the finished tasks in the 'done' pile		
		Create a <u>schedule</u> to help the child stay on task;		
		cover up old tasks when done.		
		Perform a short activity that the child likes to do		
		before or after; create a <u>schedule</u> so he/she can		
		anticipate the reward.		
		Use a <u>communication display</u> to communicate		
		with the child through pictures.		
Child goes to next		Use a communication board to let the child know		
activity		what will be happening next		
		<u>Scooter</u> for moving around.		
		Have the child hold on to a <u>hula hoop</u> to increase		
		stability.		
		Stabilize your child while walking by tying		
		magazines or newspapers around their legs.		
		Build a Scoot-a-bout so the child can		
		independently move from one place to another.		
		Create a <u>schedule</u> to help the child transition.		
		If your child is in a wheelchair, create a seatbelt		
		cover so he/she is more likely to stay fastened		

Note: If the routine is not going well, planning focuses on completing the routine; if the routine is going well, planning focuses on embedding learning opportunities within the routine

Child:	Provider:



(This plan and the analysis of effectiveness are to be completed by the early interventionist and caregiver together)

Routine/Activity Playtime indoor/ unsupervised play w/siblings	Location (if outside the home) Date:
Is this routine going well? Yes No (circle one)	Focus: Routine or Creating Opportunities (circle one)
What I would like to see happen during this routine:	
What is the current situation?	

Steps in the Routine	Problem (y/n)	Adaptations that will be used	What I will do	What my child is expected to do
Mom or boys go				
to play area and				
select game or				
activity				
Mom and boys				
start or setup				
Mom lets boys				
play w/o her				
Child and siblings				
fight				
Mom enters,				
siblings stop				
playing together				
Mom tells boys to				
go to their rooms				

Note: If the routine is not going well, planning focuses on completing the routine; if the routine is going well, planning focuses on embedding learning opportunities within the routine

Child:	Provider:



(This plan and the analysis of effectiveness are to be completed by the early interventionist and caregiver together)

Routine/Activity: Playtime Indoor____ Location (if outside the home) _____ Date: _____

Is this routine going well? Yes No (circle one)

Child cannot grasp

Child and parent become frustrated Block building is abandoned Parent cleans up

Child goes to next

blocks

blocks

activity

What I would like to see happen during this routine:					
What is the current situation?					
Steps in the	Problem	Adaptations that	What I will do	What my child is	
Routine	(y/n)	will be used		expected to do	
Child goes to play					
area					
Child shows					
interest in blocks					
Parent models					
block building					
Child attempts					
block building					
with no success.					

Note: If the routine is not going well, planning focuses on completing the routine; if the routine is going well, planning focuses on embedding learning opportunities within the routine

Child:	Provider:	

13



(This plan and the analysis of effectiveness are to be completed by the early interventionist and caregiver together)

Routine/Activity: Playtime Indoor____ Location (if outside the home) _____

Is this routine going well? Yes No (circle one)

Parent puts child on ground while chores are finished

What I would like to see happen during this routine:

What is the curre	ent situation?			
Steps in the	Problem	Adaptations that	What I will do	What my child is
Routine	(y/n)	will be used		expected to do
Parent ready to do house chores				
Child placed in				
bedroom with toys				
surrounding the				
child				
Parent leaves the				
room				
Child cries and				
does not interact				
with toys				
Parent abandons				
chores				
Parent picks up				
child and brings				
child to the room				
chores are being				
done in				

Note: If the routine is not going well, planning focuses on completing the routine; if the routine is going well, planning focuses on embedding learning opportunities within the routine

Child:	Provider:

14



(This plan and the analysis of effectiveness are to be completed by the early interventionist and caregiver together)

Routine/Activity: Playtime Indoor Location (if outside the home)	Date:
Is this routine going well? Yes No (circle one)	Focus: Routine or Creating Opportunities (circle one)
What I would like to see happen during this routine:	
What is the current situation?	

Steps in the Routine	Problem (y/n)	Adaptations that will be used	What I will do	What my child is expected to do
Child goes to playroom				
Child is interested in toys on the shelf				
Child cannot reach toys				
Child begins to scream for caregiver				
Caregiver comes into playroom				
Child no longer interested in playing				
Child goes to another activity				

Note: If the routine is not going well, planning focuses on completing the routine; if the routine is going well, planning focuses on embedding learning opportunities within the routine

Child:	Provider:	



(This plan and the analysis of effectiveness are to be completed by the early interventionist and caregiver together)

Routine/Activity: Playtime Indoor Location (if outside the home)	Date:
Is this routine going well? Yes No (circle one)	Focus: Routine or Creating Opportunities (circle one)
What I would like to see happen during this routine:	
What is the current situation?	

Steps in the Routine	Problem (y/n)	Adaptations that will be used	What I will do	What my child is expected to do
Child goes to				
playroom				
Child walks to toy				
shelf				
Child dumps all of				
the toys onto the				
floor				
Child walks				
around and				
through toys				
Playtime is				
finished				
Caregiver picks up				
toys				
Child goes to next				
activity				

Note: If the routine is not going well, planning focuses on completing the routine; if the routine is going well, planning focuses on embedding learning opportunities within the routine

Child:	Provider:



(This plan and the analysis of effectiveness are to be completed by the early interventionist and caregiver together)
*The adaptations provided on the chart are examples. Some adaptations are not appropriate for the birth to three population however all examples are appropriate for the birth to six population. Please keep this in mind when deciding what adaptations to use.

Routine/Activity: Indoor PlayLocation	outside the home) Date:
Is this routine going well? Yes No (circle one)	Focus: Routine or Creating Opportunities (circle one)
What I would like to see happen during this routine:	
What is the current situation?	

Steps in the Routine	Problem (y/n)	Adaptations that could be used	What I will do	What my child is expected to do
Parent and child decide what the child will play with	(y/11)	 Use a communication board Program a voice recording switch to say "Yes", give the child choices of activities, he/she can hit the switch when they want to do an activity Create a <u>list of activities</u> the child may perform, have the child pick one activity out during t he beginning of play time. Keep this card out during play, when done have them put the finished activity in the 'done' pile. 	9	expected to do
Child goes to play area		 Scooter for moving around. Have the child hold on to a hula hoop to increase stability. Stabilize child while walking by tying magazines or newspapers around their legs. Build a Scoot-a-bout so child can independently move from one place to another. Create a schedule to help the child transition. If child is in a wheelchair, create a seatbelt cover so he/she is more likely to stay fastened 		
Child plays		 Ideas for playing with toys – add film canisters, old prescription bottles, shower curtain rings, etc. to toys for easier grasping; attach knobs to puzzle pieces; outline edges puzzle pieces so child can see more easily; wrap fabric, foam, tape, etc. around toys with handles for an easier grip; use Velcro bracelet so the child doesn't loose toys Ideas for drawing/painting – use an old/clean roll-on deodorant for painting, melt crayons in a cupcake pan to make them easier to grasp, add foam, tape, fabric, etc. to crayons, pencils, markers, etc., use a slant board Ideas for table top games – Use a clean hairbrush as a card holder, turn a Styrofoam tray upside down and cut card sized slits in it to hold cards Use a communication board so the child can community during play Use bolsters to position the child during play 		

play sition the child during play		
Child:	Provider:	17

Steps in the Routine	Problem (y/n)	Adaptations that could be used	What I will do	What my child is expected to do
Child cleans up	(3,)	Use a communication board to say "all done"	020	
		Create a <u>schedule</u> to help the child transition.		
		Perform a short activity that the child likes to do after		
		play; create a <u>schedule</u> so he/she can anticipate the reward.		
		Use a tape recorder or switch with the 'cleanup' song		
		recorded on it, have the child press the switch when it		
		is time to clean up.		
Child goes to next		Use a communication board to let the child know what		
activity		will be happening next		
		<u>Scooter</u> for moving around.		
		Have the child hold on to a <u>hula hoop</u> to increase		
		stability.		
		 Stabilize your child while walking by tying magazines or newspapers around their legs. 		
		Build a Scoot-a-bout so the child can independently		
		move from one place to another.		
		Create a <u>schedule</u> to help the child transition.		
		If your child is in a wheelchair, create a seatbelt cover		
		so he/she is more likely to stay fastened in the chair		

Note: If the routine is not going well, planning focuses on completing the routine; if the routine is going well, planning focuses on embedding learning opportunities within the routine

Child:	Provider:	



(This plan and the analysis of effectiveness are to be completed by the early interventionist and caregiver together)

Routine/Activity Story time Location (if outside the home)	Date:
Is this routine going well? Yes No (circle one)	Focus: Routine or Creating Opportunities (circle one)
What I would like to see happen during this routine:	
What is the current situation?	

Steps in the Routine	Problem (y/n)	Adaptations that will be used	What I will do	What my child is expected to do
Dad and child go				
to child's bed				
room				
Child brings Dad				
a book				
Child sits with				
Dad in chair and				
Dad reads story				
Child points to				
pictures				
Dad says "All				
done with books"				
Child puts book				
away				
Child gets into				
bed				

Note: If the routine is not going well, planning focuses on completing the routine; if the routine is going well, planning focuses on embedding learning opportunities within the routine

Child:	Provider:



(This plan and the analysis of effectiveness are to be completed by the early interventionist and caregiver together)

Focus: Routine or Creating Opportunities (circle one)

Routine/Activity: Story time____ Location (if outside the home) _____ Date: ____

Is this routine going well? Yes No (circle one)

on embedding learning opportunities within the routine

What I would like to see happen during this routine:				
What is the curre	ent situation?	?		
Steps in the Routine	Problem (y/n)	Adaptations that will be used	What I will do	What my child is expected to do
When the other siblings are outside on the swing set parent and child decided to sit and read a book				
Child chooses book from the book bin				
Child and parent sit in an area where the other children can be watched				
Child sits through entire book while parent reads				
Child and parent finish book and siblings come inside				
Child puts book away				
Child goes to next activity	e is not going	well, planning focuses of	n completing the routine; if the routine is goin	ng well, planning focuses

Provider: _____



(This plan and the analysis of effectiveness are to be completed by the early interventionist and caregiver together)

Routine/Activity: Story time_____ Location (if outside the home) _____

Is this routine going well? Yes No (circle one)

Child squirms until book is over Parent lets the child down Parent puts book

Child gets into bed and goes to

away

sleep

What I would like to see happen during this routine:

What is the curre	ent situation?	?		
Steps in the	Problem	Adaptations that	What I will do	What my child is
Routine	(y/n)	will be used		expected to do
Parent and child				
go to child's room				
Parent gets a book				
Parent forces child				
to sit on parent's				
lap in chair				
Parent reads the				
book and turns the				
pages while				
holding tightly to				
the child.				

Note: If the routine is not going well, planning focuses on completing the routine; if the routine is going well, planning focuses on embedding learning opportunities within the routine

Child:	Provider:

21



(This plan and the analysis of effectiveness are to be completed by the early interventionist and caregiver together)

Routine/Activity: Story time Location (if outside the nome)	Date:
Is this routine going well? Yes No (circle one)	Focus: Routine or Creating Opportunities (circle one)
What I would like to see happen during this routine:	
What is the current situation?	

Steps in the Routine	Problem (y/n)	Adaptations that will be used	What I will do	What my child is expected to do
At 7:00 p.m. the				
TV is turned off				
Parent gets two				
books				
Child makes a				
choice between				
two books				
Child and parent				
sit on the couch to				
read book				
Child is prompted				
to turn the pages				
Parent finishes the				
book.				
Child puts book				
away				
Child begins				
bedtime routine				

Note: If the routine is not going well, planning focuses on completing the routine; if the routine is going well, planning focuses on embedding learning opportunities within the routine

Child:	Provider:	



(This plan and the analysis of effectiveness are to be completed by the early interventionist and caregiver together)
*The adaptations provided on the chart are examples. Some adaptations are not appropriate for the birth to three population however all examples are appropriate for the birth to six population. Please keep this in mind when deciding what adaptations to use.

Routine/Activity: Storytime	Location (if outside the home)		Date:
Is this routine going well? Yes N	To (circle one)	Focus:	Routine or Creating Opportunities (circle one)
What I would like to see happe	en during this routine:		

What is the current situation?

Steps in the	Problem	Adaptations that could be used	What I will do	What my child is
Routine	(y/n)			expected to do
Child decides		 Create a <u>schedule</u> to help the child transition. 		
what story to read		Use a <u>communication display</u> to communicate		
		with the child through pictures.		
		Let the child pick out their book using a <u>choice</u>		
		making device.		
Child/parent go to		Create a <u>schedule</u> to help the child transition.		
reading area		<u>Scooter</u> for moving.		
		Stabilize your child while walking by tying		
		magazines or newspapers around his/her legs.		
		Build a Scoot-a-bout so the child can		
		independently move from one place to another.		
		 Have the child hold on to a <u>hula hoop</u> to 		
		increase stability.		
Child sits down		 Provide a <u>child sized bench</u> to sit on. 		
		 Make a <u>barrel seat</u> for your child to sit on. 		
		 Position your child using <u>bolsters</u>. 		
		Put a <u>box</u> underneath their feet for a good base		
		of support.		
		Create a <u>schedule</u> to help the child transition.		
Child/parent read		Use a Velcro bracelet to help child turn pages of		
book		book		
		Use Bungee Cords to secure books		
		Use Slant board to prop book up		
		 Put a <u>box</u> underneath child's feet for a good 		
		base of support.		
		Create a <u>schedule</u> to help the child transition.		
		Use communication board or switch so child can		
		communicate when to turn page		
		Program a switch to help with reading words in		
		repetitive stories		

Child:	Provider:

Steps in the Routine	Problem (y/n)	Adaptations that could be used	What I will do	What my child is expected to do
Child puts book		 Create a <u>schedule</u> to help the child transition. 		
away		Perform a short activity that the child likes to do		
		before or after; create a schedule so he/she can		
		anticipate the reward		
		Use a communication device		
Child goes to next		Create a <u>schedule</u> to help the child transition.		
activity		Use a scooter to move to next activity		
		Use a communication device		

Note: If the routine is not going well, planning focuses on completing the routine; if the routine is going well, planning focuses on embedding learning opportunities within the routine

Child:	Provider:



(This plan and the analysis of effectiveness are to be completed by the early interventionist and caregiver together)

Routine/Activity Outdoor Play Location (if outside the home) _____ Date: _____

Is this routine going well? Yes No (circle one)

play set

the slide Child will go inside when outdoor play is

over

Child will swing
Child will put a
ball or bus down

What I would lik	What I would like to see happen during this routine:			
What is the curre	ent situation?	?		
Steps in the Routine	Problem (y/n)	Adaptations that will be used	What I will do	What my child is expected to do
Child puts shoes and coat (if necessary) on				•
Child goes outside to play				
Child will go on the trampoline with siblings				
Child will go on				

Note: If the routine is not going well, planning focuses on completing the routine; if the routine is going well, planning focuses on embedding learning opportunities within the routine

Child:	Provider:

25



(This plan and the analysis of effectiveness are to be completed by the early interventionist and caregiver together)

Focus: Routine or Creating Opportunities (circle one)

Routine/Activity: Playtime Outdoor____ Location (if outside the home) _____

Is this routine going well? Yes No (circle one)

What I would like to see happen during this routine:

What is the curre	ent situation?	?		
Steps in the Routine	Problem (y/n)	Adaptations that will be used	What I will do	What my child is expected to do
Caregiver tells child they are going to the park				
Caregiver puts child in stroller and they leave the house				
Caregiver pushes child in the stroller to the park				
Child runs to the play apparatus				
Child cannot climb onto the apparatus				
Caregiver must lift child onto the play unit				
Child plays on apparatus				
Caregiver tells child when it is time to go				
Caregiver puts child in stroller and they walk home				
Note: If the routin		well, planning focuses nities within the routing	on completing the routine; if the routine is going	ng well, planning focuses

Child:	Provider:



(This plan and the analysis of effectiveness are to be completed by the early interventionist and caregiver together)

Routine/Activity: Playtime Outdoor____Location (if outside the home) ______ Date: _____

Is this routine going well? Yes No (circle one)

What I would like to see happen during this routine: What is the current situation?				
				Steps in the Routine
Caregiver tells child they are going to the park				
Child puts shoes and coat on (if necessary)				
Child and caregiver walk to park				
Child and caregiver at the park with sand				
Child loves the sand and wants to				
Child cannot scoop with shovel into pail				
Child begins to throw sand Child must leave				
park Child and				
caregiver walk home				
		well, planning focuses on contities within the routine	mpleting the routine; if the routine	is going well, planning focuses

27



(This plan and the analysis of effectiveness are to be completed by the early interventionist and caregiver together)

Routine/Activity: Playtime Outdoor____ Location (if outside the home) _____

Is this routine going well? Yes No (circle one)

What I would like to see happen during this routine:				
What is the current situation?				
Steps in the Routine	Problem (y/n)	Adaptations that will be used	What I will do	What my child is expected to do
Child wants to play outside in the back yard and asks caregiver				
Child puts on shoes and coat (if necessary)				
Child waits for caregiver to open back door				
Child wants to choose what to play.				
Caregiver places child into swing so chores can get done				
Child tires of swing has to wait for caregiver to respond and remove				
Caregiver takes child out of swing when done with chores				
Caregiver and child go back inside the house				
		well, planning focuses on nities within the routine	completing the routine; if the routine is goi	ng well, planning focuses

28



(This plan and the analysis of effectiveness are to be completed by the early interventionist and caregiver together)

Routine/Activity: Playtime Outdoor Location (if outside the home)	Date:
Is this routine going well? Yes No (circle one)	Focus: Routine or Creating Opportunities (circle one)
What I would like to see happen during this routine:	
What is the current situation?	

Steps in the Routine	Problem (y/n)	Adaptations that will be used	What I will do	What my child is expected to do
Child and				
caregiver go to the				
back yard				
Child plays in				
sand box				
Child goes down				
slide with help				
Neighbor dog				
begins to bark				
Child becomes				
frightened				
Child cries to				
return inside the				
house				
Caregiver brings				
child into the				
house				

Note: If the routine is not going well, planning focuses on completing the routine; if the routine is going well, planning focuses on embedding learning opportunities within the routine

Child:	Provider:



(This plan and the analysis of effectiveness are to be completed by the early interventionist and caregiver together) *The adaptations provided on the chart are <u>examples</u>. Some adaptations are not appropriate for the birth to three population however all examples are appropriate for the birth to six population. Please keep this in mind when deciding what adaptations to use.

Routine/Activity: Outdoor PlayLocat	on (if outside the home) Date:	
Is this routine going well? Yes No (circle one)	Focus: Routine or Creating Opportunities (circle	e one)
What I would like to see happen during this routine:		
What is the current situation?		

Steps in the Routine	Problem (y/n)	Adaptations that could be used	What I will do	What my child is expected to do
Parent prepares child for outside	(y/II)	 Put Velcro under the child's buttons to increase ease and independence Have the child use a dressing stick Add a knob or gripper to the child's coat zipper to make it easier to zip up Have the child sit in a bucket seat while you prepare for outside Use a communication device so the child can tell you what play activity he/she wants to do 		expected to do
Child goes outside		 Scooter for moving around. Have the child hold on to a hula hoop to increase stability. Stabilize your child while walking by tying magazines or newspapers around his/her legs. Build a Scoot-a-bout so the child can independently move from one place to another. Create a schedule to help the child transition. If your child is in a wheelchair, create a seatbelt cover so he/she is more likely to stay fastened in the chair Use a communication display to communicate with the child through pictures. 		
Child goes to play site		 Scooter for moving around. Have the child hold on to a hula hoop to increase stability. Stabilize your child while walking by tying magazines or newspapers around his/her legs. Build a Scoot-a-bout so the child can independently move from one place to another. Create a schedule to help the child transition. If your child is in a wheelchair, create a seatbelt cover so he/she is more likely to stay fastened in the chair Use a communication display to communicate with the child through pictures. 		30

Child:	Provider:
Jiiiui	110114611

Steps in the Routine	Problem (y/n)	Adaptations that could be used	What I will do	What my child is expected to do
Child plays	(J/II)	 Use tape, foam, cloth etc. to build up the handles of sandbox toys Use shower curtain rings or grippers to build up handles Use an adapted crayon holder for chalk Have the child wear a Velcro bracelet to pick up small objects more easily Have the child wear a portable communication device to communicate on the go 		expected to do
		 Use bolsters to position the child during outdoor play Adapt the child's riding toy with a handle for you to push if the child gets tired 		
Child cleans up/finishes up		 Create a schedule to help the child transition. Use a communication display to communicate with the child through pictures. Use a tape recorder or switch with the 'cleanup' song recorded on it, have the child press the switch when it is time to clean up. 		
Child returns home		 Scooter for moving around. Have the child hold on to a hula hoop to increase stability. Stabilize your child while walking by tying magazines or newspapers around his/her legs Build a Scoot-a-bout so the child can independently move from one place to another. Create a schedule to help the child transition. If your child is in a wheelchair, create a seatbelt cover so he/she is more likely to stay fastened in the chair Use a communication display to communicate with the child through pictures. 		

Note: If the routine is not going well, planning focuses on completing the routine; if the routine is going well, planning focuses on embedding learning opportunities within the routine

Child:	Provider:



(This plan and the analysis of effectiveness are to be completed by the early interventionist and caregiver together)

Routine/Activity: <u>Morning Routine? dressing</u> Location (if outside to	Date:	
Is this routine going well? Yes No (circle one)	Focus:	Routine or Creating Opportunities (circle one)
What I would like to see happen during this routine:		
What is the current situation?		

Steps in the Routine	Problem (y/n)	Adaptations that will be used	What I will do	What my child is expected to do
Parent goes to				
child's room to				
wake child up				
Child is removed				
from the bed				
Pajamas removed				
Diaper changed on				
the floor				
Clothes for the				
day taken out of				
drawers				
Clothes put on the				
child				
Child taken to the				
kitchen for				
breakfast				

Note: If the routine is not going well, planning focuses on completing the routine; if the routine is going well, planning focuses on embedding learning opportunities within the routine

Child:	Provider:	



(This plan and the analysis of effectiveness are to be completed by the early interventionist and caregiver together)

Routine/Activity: Morning Routine____ Location (if outside the home) _____

Is this routine going well? Yes No (circle one)

On the road by

7:30

What I would like to see happen during this routine:

What is the current situation?				
Steps in the	Problem	Adaptations that	What I will do	What my child is
Routine	(y/n)	will be used		expected to do
Mom gets child up				
at 7:10				
Mom changes				
diaper and gets				
child dressed.				
Child sits in high				
chair in the				
kitchen with				
cheerios and sippy				
cup while mom				
puts makeup on in				
other room.				
Child's face/hands				
washed, removed				
from high chair.				
Mom and child				
exit house to the				
car.				
Child put into car				
seat				

Note: If the routine is not going well, planning focuses on completing the routine; if the routine is going well, planning focuses on embedding learning opportunities within the routine

Child:	Provider:

33



(This plan and the analysis of effectiveness are to be completed by the early interventionist and caregiver together)

Routine/Activity: Morning Routine____ Location (if outside the home) _____

Is this routine goin	g well? Yes N	No (circle one)	Focus: Routine or Creating	(Opportunities (circle one)	
What I would like	e to see happ	en during this routi	ne:		
What is the curre	What is the current situation?				
Steps in the	Problem	Adaptations that	What I will do	What my child is	
Routine	(y/n)	will be used		expected to do	
Child wakes up				-	
and goes into					
parent's room					
Parent and child					
go to kitchen					
Child sits down					
while parent					
prepares breakfast					
Parent and child					
sit down to eat					
breakfast					
Child tells parent					
"all done" and					
child is cleaned up					
at sink					
Parent brings child					
to living room and					
turns a video on					
Child watches					
video while mom					
gets dressed.					
Mom attempts to					
take child into					
room to dress					
child. Video is					
turned off and					
child screams.					
Mom carries child		I			

Note: If the routine is not going well, planning focuses on completing the routine; if the routine is going well, planning focuses on embedding learning opportunities within the routine

to room
Child refuses to
get dressed.
Mom dresses child
Mom and child
leave the house

Child:	Provider:	



(This plan and the analysis of effectiveness are to be completed by the early interventionist and caregiver together)

Routine/Activity: Morning Routine____ Location (if outside the home) _____ Date: ____

Is this routine going well? Yes No (circle one)			Focus: Routine or Creating	Focus: Routine or Creating Opportunities (circle one)	
What I would like to see happen during this routine: What is the current situation?					
					Steps in the Routine
Parent puts child	(37-2)	Will be about		enpectou to us	
to bed					
Child wakes up at 3:00 a.m.					
Child comes into					
parent's room.					
Parents take child					
back to his room					
and leaves					
Child cries for 15					
minutes, parent					
retrieves child					
Child sleeps in					
parent's bed until					
7:00 a.m.					
Parent brings child					
to kitchen and					
prepares breakfast					
for child					
Parents are getting					
ready for work					
while child eats					
breakfast					
One parent leaves					
for work					
The other parent					
cleans child after					
breakfast at sink Parent takes child					
to room and dresses child					
Child and parent					
leave house and					
go to car Parent drops child					
off at daycare and					
is late for work					

Note: If the routine is not going well, planning focuses on completing the routine; if the routine is going well, planning focuses

35

Provider: __

on embedding learning opportunities within the routine



(This plan and the analysis of effectiveness are to be completed by the early interventionist and caregiver together)
*The adaptations provided on the chart are examples. Some adaptations are not appropriate for the birth to three population however all examples are appropriate for the birth to six population. Please keep this in mind when deciding what adaptations to use.

Routine/Activity: Morning Routine Location (if or	utside the home) Date:
Is this routine going well? Yes No (circle one)	Focus: Routine or Creating Opportunities (circle one
What I would like to see happen during this routine:	
What is the current situation?	

Steps in the Routine	Problem (y/n)	Adaptations that could be used	What I will do	What my child is expected to do
		• Provide a child sized bench to sit on.		
		• <u>Scooter</u> for moving from bedroom to bathroom.		
Child gets up		• Make a <u>barrel seat</u> for your child to sit on.		
		• Have the child hold on to a hula hoop to increase stability.		
		• Create a schedule to help the child transition.		
		• Use taction pads to allow child to turn on light		
		• Use a talking picture frame and a baby monitor to allow child to		
		communicate before you come in, in the morning.		
		• Use a communication display to communicate with the child		
		• Keep a communication display next to the child's bed.		
		• Stabilize child while walking by tying magazines or newspapers around		
		their legs.		
		Build a Scoot-a-bout so the child can independently move from one		
		place to another.		
		• Create a schedule to help the child transition.		
		Perform a short activity that the child likes to do before or after		
		• Incorporate the child's favorite toy by letting the child brush its hair or		
Child goes to		teeth while you brush their hair/teeth.		
the bathroom		• Use grips, shower curtain rings, or built up handle grips for child to grasp		
(potty/diaper		• Have child brush hair or teeth first end with parental finishing touches.		
/teeth/		• Use a stander for washing and teeth brushing at the sink.		
washing)		• <u>Scooter</u> for moving from bathroom to bedroom.		
		• Have the child hold on to a hula hoop to increase stability.		
		• Position child on bathroom floor for support while brushing teeth & hair.		
		• Use <u>pool noodles</u> to protect child from hard edges in bathroom and tub.		
		• Use a communication display to communicate with the child		
		• Use a <u>dressing stick</u> or sew easy if child has trouble with zippers or		
		buttons.		
		• Wear a communication bib that illustrates what comes next.		
		• Stabilize child while walking by tying magazines or newspapers around		
		their legs.		
		Build a Scoot-a-bout so the child can independently move from one		
		place to another.		

Child:	Provider:
CIIII CIIIII CIIII CIIIII CIIII CIIIIII	110114611

Steps in the	Problem	Adaptations that could be used	What	What my child
Routine	(y/n)		I will	is expected to
			do	do
		• Use a <u>dressing stick</u> .		
Child gets		• Put Velcro under the child's buttons to increase ease and independence		
dressed		• Add a knob or gripper to the child's zipper to make it easier to zip up		
		• Create a schedule to help the child transition.		
		• Wear a communication bib that illustrates what comes next.		
		• Perform a short activity that the child likes to do before or after; create a		
		schedule so he/she can anticipate the reward.		
		Let the child pick out their outfit (or one item of their outfit) using a		
		choice making device.		
		 Provide a <u>child sized bench</u> to sit on. Scooter for moving around. 		
		 Make a barrel seat for your child to sit on. 		
		Use a communication display to communicate with the child through		
		pictures.		
		Stabilize your child while walking by tying magazines or newspapers		
		around their legs.		
		 Build a Scoot-a-bout so the child can independently move from one place to another. 		
		• Scooter for moving around.		
		Stabilize your child while walking by tying magazines or newspapers		
		around their legs.		
		Build a Scoot-a-bout so the child can independently move from one		
Child eats		place to another.		
breakfast		 Have the child hold on to a <u>hula hoop</u> to increase stability. 		
		 Position your child in their chair using bolsters. 		
		• Use a communication display to communicate with the child through		
		pictures.		
*See mealtime		• Put a box underneath their feet so they have a good base of support.		
CCIP for more		• Attach shower curtain rings or grippers to utensils for an easier grip.		
ideas Child goes to		Create a <u>schedule</u> to help the child transition.		
next activity		 Create a <u>schedule</u> to help the child stay on task, cover up old tasks when 		
		done.		
		• Create a <u>list of tasks</u> to perform and have the child put the finished tasks		
		in the 'done' pile.		
		• Use a communication display to communicate with the child through		
		pictures		

Note: If the routine is not going well, planning focuses on completing the routine; if the routine is going well, planning focuses on embedding learning opportunities within the routine

Child:	Provider:



(This plan and the analysis of effectiveness are to be completed by the early interventionist and caregiver together)

Routine/Activity <u>Travel time</u> Location (if outside the home)	Date:
Is this routine going well? Yes No (circle one)	Focus: Routine or Creating Opportunities (circle one)
What I would like to see happen during this routine:	
What is the current situation?	
what is the current situation.	

Steps in the Routine	Problem (y/n)	Adaptations that will be used	What I will do	What my child is expected to do
Child gets put into				_
the car				
Child gets buckled				
into the car seat				
Child stays in the				
car seat				
Dad gets into the				
car				
Child behaves and				
enjoys the car ride				
Child and Dad				
arrive at				
destination and				
exit the car				

Note: If the routine is not going well, planning focuses on completing the routine; if the routine is going well, planning focuses on embedding learning opportunities within the routine

Child:	Provider:	



(This plan and the analysis of effectiveness are to be completed by the early interventionist and caregiver together)

Date: _____

Focus: Routine or Creating Opportunities (circle one)

Routine/Activity: Travel Time Location (if outside the home) _____ car

Is this routine going well? Yes No (circle one)

Mom and child arrive home and

exit car

What I would like to see happen during this routine:

What is the current situation?					
Steps in the	Problem	Adaptations that	What I will do	What my child is	
Routine	(y/n)	will be used		expected to do	
Mom picks up child from daycare					
Mom places child					
is car seat; child					
cries					
Mom gives her a					
bottle to soothe					
her on the ride					
home					
Child drinks bottle					
during ride, then					
gets car sick and					
vomits					
Mom stops car					
and cleans up					
child, car seat, and					
Mom continues					
driving and child					
cries rest of the					
way home					

Note: If the routine is not going well, planning focuses on completing the routine; if the routine is going well, planning focuses on embedding learning opportunities within the routine

Child:	Provider:



(This plan and the analysis of effectiveness are to be completed by the early interventionist and caregiver together)

Routine/Activity: Travel Time Location (if outside the home) _____ car

Is this routine going well? Yes No (circle one)		Focus: Routine or Creating Opportunities (circle one)		
What I would like to see happen during this routine:				
What is the curre	ent situation?	?		
Steps in the	Problem	Adaptations that	What I will do	What my child is
Routine	(y/n)	will be used		expected to do
Mom puts child in car seat				
During drive, child unbuckles car seat and attempts to get out of chair				
Mom pulls over, secures child in car seat, reattaches seat belt, starts driving again; child laughs and does it again				
Mom stops car again and repeats above steps, chastising child; child cries				
Mom continues driving again				
Child cries whole way home				
Mom gets child out of car seat				
Mom and child go to house				
		well, planning focuses on co	ompleting the routine; if the routine is go	ing well, planning focuses

Child: _____ Provider: _____ 40

Date: _____



(This plan and the analysis of effectiveness are to be completed by the early interventionist and caregiver together)

Routine/Activity: Travel Time Location (if outside the home)	car Date:
Is this routine going well? Yes No (circle one)	Focus: Routine or Creating Opportunities (circle one)
What I would like to see happen during this routine:	
What is the current situation?	

Steps in the Routine	Problem (y/n)	Adaptations that will be used	What I will do	What my child is expected to do
Mom puts child in				
car seat				
During ride, child				
plays with				
window buttons,				
making window				
go up and down				
and throwing				
items from				
windows				
Mom pulls over,				
chastises child,				
moves items away				
from child's				
reach; child cries				
Child cries for				
duration of car				
ride home				
Mom and child				
arrive home and				
exit car				

Note: If the routine is not going well, planning focuses on completing the routine; if the routine is going well, planning focuses on embedding learning opportunities within the routine

Child:	Provider:	



(This plan and the analysis of effectiveness are to be completed by the early interventionist and caregiver together)

Routine/Activity Leaving the house Location (if outside the home)	Date:
Is this routine going well? Yes No (circle one)	Focus: Routine or Creating Opportunities (circle one)
What I would like to see happen during this routine:	
What is the current situation?	

Steps in the Routine	Problem (y/n)	Adaptations that will be used	What I will do	What my child is expected to do
Mom says it's				
time to go				
Child will get				
his/her shoes				
Child will walk to				
mom for help with				
shoes				
Child will walk to				
the door				
Child will hold				
mom's hand at the				
door				
Child and Mom				
leave the house				
and lock the door				

Note: If the routine is not going well, planning focuses on completing the routine; if the routine is going well, planning focuses on embedding learning opportunities within the routine

Child:	Provider:	



(This plan and the analysis of effectiveness are to be completed by the early interventionist and caregiver together)

Routine/Activity: Leaving the House Location (if outside the home)	Date:
Is this routine going well? Yes No (circle one)	Focus: Routine or Creating Opportunities (circle one)
What I would like to see happen during this routine:	
What is the current situation?	

Steps in the Routine	Problem (y/n)	Adaptations that will be used	What I will do	What my child is expected to do
Mom tells child it				
is time to go				
Mom asks child to				
find his shoes and				
bring them to her				
Child starts to cry				
and tantrum				
Mom picks up				
child and carries				
him to room to				
find shoes				
Mom finds shoes				
and puts them on				
his feet				
Mom carries child				
to car and places				
him in car seat				

Note: If the routine is not going well, planning focuses on completing the routine; if the routine is going well, planning focuses on embedding learning opportunities within the routine

Child:	Provider:



(This plan and the analysis of effectiveness are to be completed by the early interventionist and caregiver together)

Routine/Activity: Leaving the House Location (if outside the home)

Is this routine going well? Yes No (circle one)		Focus: R	Focus: Routine or Creating Opportunities (circle one)		
What I would like	What I would like to see happen during this routine:				
What is the curre	What is the current situation?				
Steps in the	Problem	Adaptations that	What I will	do	What my child is
Routine	(y/n)	will be used			expected to do
Mom tells child it					•
is time to go					
Mom packs purse					
& diaper bag					
while child waits					
in high chair					
Mom puts on					
sunglasses, picks					
up child, picks up					
coffee mug					
Child pulls					
sunglasses off					
Mom's face and					
spills the coffee					
mug					
Mom puts child					
back in high chair					
Mom cleans up					
mess and changes					
clothes					
Mom puts child in					
car seat					
Mom goes back to					
get diaper bag,					
purse, and coffee mug and puts					
them in car					
Mom and child					
Note: If the routin	a is not going	well, planning focuses on	completing the routines if	the routine is soir	ng wall planning footges
		well, plailling focuses on on the contine	completing the routile; if	ane routine is gon	ig wen, planning focuses

Child: _____

Provider: _____

Date: _____



(This plan and the analysis of effectiveness are to be completed by the early interventionist and caregiver together)

Routine/Activity: Leaving the House Location (if outside the home)	Date:
Is this routine going well? Yes No (circle one)	Focus: Routine or Creating Opportunities (circle one)
What I would like to see happen during this routine:	
What is the current situation?	

Steps in the Routine	Problem (y/n)	Adaptations that will be used	What I will do	What my child is expected to do
Mom tells child				-
it's time to go				
Mom packs work				
crate with work				
items, child sits on				
couch				
Mom leaves child				
on couch to go put				
crate in car				
Child cries when				
mom leaves house				
Mom returns to				
house and brings				
child to car				
Mom puts child in				
car seat				
Child continues to				
cry for duration of				
car ride				

Note: If the routine is not going well, planning focuses on completing the routine; if the routine is going well, planning focuses on embedding learning opportunities within the routine

Child:	Provider:



(This plan and the analysis of effectiveness are to be completed by the early interventionist and caregiver together)
*The adaptations provided on the chart are examples. Some adaptations are not appropriate for the birth to three population however all examples are appropriate for the birth to six population. Please keep this in mind when deciding what adaptations to use.

Routine/Activity: Leaving House	Location (if outside the home)	Date:
Is this routine going well? Yes No (circle one)	Focus:	Routine or Creating Opportunities (circle one)
What I would like to see happen during this ro	outine:	
What is the current situation?		

Steps in the	Problem	Adaptations that could be used	What I will do	What my child is
Routine	(y/n)			expected to do
Parent prepares child to go outside	(J/II)	 Perform a short activity that the child likes to do before or after; create a schedule so he/she can anticipate the reward. Use a communication device to show the child where you are going Put Velcro under the child's buttons to increase ease and independence Have the child use a dressing stick Add a knob or gripper to the child's coat zipper to make it easier to zip up Have the child sit in a bucket seat while you prepare for outside 		expected to do
Parent gets child to front door		 Scooter for moving around. Have the child hold on to a hula hoop to increase stability. Stabilize your child while walking by tying magazines or newspapers around his/her legs. Build a Scoot-a-bout so the child can independently move from one place to another. Create a schedule to help the child transition. If your child is in a wheelchair, create a seatbelt cover so he/she is more likely to stay fastened in the chair Use a communication display to communicate with the child through pictures. 		
Parent opens door		 Use a step stool so the child can help unlock/open the door Use a communication display to communicate to the child what you are doing. Use a communication device to show the child where you are going 		

		46
Child:	Provider:	

Steps in the Routine	Problem (y/n)	Adaptations that could be used	What I will do	What my child is expected to do
Parent and child go outside		Use a communication device to show the child where you are going		
		 If your child is in a wheelchair, create a seatbelt cover so he/she is more likely to stay fastened in the chair Create a <u>schedule</u> to help the child transition. 		
Parent closes and locks door		 Use a communication device to show the child where you are going If your child is in a wheelchair, create a seatbelt cover so he/she is more likely to stay fastened in the chair 		
		 Create a <u>schedule</u> to help the child transition. 		
Parent and child go to next activity		Create a <u>schedule</u> to help the child transition. Or use My Day Board.		
		 Use a <u>communication display</u> to communicate with the child through pictures Scooter for moving around. 		
		If your child is in a wheelchair, create a seatbelt cover so he/she is more likely to stay fastened		

Note: If the routine is not going well, planning focuses on completing the routine; if the routine is going well, planning focuses on embedding learning opportunities within the routine

		47
Child:	Provider:	



(This plan and the analysis of effectiveness are to be completed by the early interventionist and caregiver together)

Date: _____

Focus: Routine or Creating Opportunities (circle one)

Routine/Activity: Community Outings Location (if outside the home) Park

Is this routine going well? Yes No (circle one)

park

Child cries whole way to the park

What I would like to see happen during this routine:

What is the curre	ent situation?	?		
Steps in the	Problem	Adaptations that	What I will do	What my child is
Routine	(y/n)	will be used		expected to do
Caregiver tells child it's time to walk to the park				
Child gets shoes and helps put them on				
Child wants to walk unassisted and carry big therapy ball by herself				
Child falls down and drops ball; child cries				
Caregiver carries child and leaves ball behind				
Child and caregiver leave				

Note: If the routine is not going well, planning focuses on completing the routine; if the routine is going well, planning focuses on embedding learning opportunities within the routine

Child:	Provider:



(This plan and the analysis of effectiveness are to be completed by the early interventionist and caregiver together)

Routine/Activity Community Outings/Play at friends	_Location (if outside the ho	me)	Date:
Is this routine going well? Yes No (circle one)	Focus:	Routine or	Creating Opportunities (circle one)
What I would like to see happen during this routi	ine:		
What is the current situation?			

Steps in the Routine	Problem (y/n)	Adaptations that will be used	What I will do	What my child is expected to do
Child arrives at	,			•
friends house for				
play time				
Children				
play/interact				
Children have				
snack				
Playtime over,				
children and				
moms clean up				
toys				
Child leaves				
friend's house and				
goes home				

Note: If the routine is not going well, planning focuses on completing the routine; if the routine is going well, planning focuses on embedding learning opportunities within the routine

Child:	Provider:



(This plan and the analysis of effectiveness are to be completed by the early interventionist and caregiver together)

Date: _____

Focus: Routine or Creating Opportunities (circle one)

Routine/Activity: Community Outings Location (if outside the home) Going to Birthday Party

Is this routine going well? Yes No (circle one)

Mom and child leave party and go

What I would like to see happen during this routine:

What is the curre	ent situation?	•		
Steps in the	Problem	Adaptations that	What I will do	What my child is
Routine	(y/n)	will be used		expected to do
Mom asks child to help wrap present;				
child helps with				
tape				
Mom and child				
get dressed and				
get in car				
Child wants to				
hold present in car				
seat, cries when he				
drops it.				
Arrive at house,				
child rings				
doorbell				
Once inside, child				
cries when asked				
to put gift on gift				
table, wants to				
take gift home				
Child refuses to				
play with other				

Note: If the routine is not going well, planning focuses on completing the routine; if the routine is going well, planning focuses on embedding learning opportunities within the routine

Child:	Provider:



(This plan and the analysis of effectiveness are to be completed by the early interventionist and caregiver together)

Routine/Activity: Community Outings Location (if outside the home) Grandma's House Date:

is this routine going wen? Tes No (circle one)					
What I would like to see happen during this routine:					
What is the curren	t situation?				
Steps in the Routine	Problem (y/n)	Adaptations that will be used	What I will do	What my child is expected to do	
Dad tells child they are going to visit Grandma					
Dad helps child get dressed (diaper, clothes, shoes)					
Dad asks child to bring one favorite toy to Grandma's house to play with					
Child chooses toy but won't put it down to put on jacket and get in car seat					
Dad takes toy and then helps child put on jacket					
Dad gives child toy Dad and child					
leave house and get into car					
Child does not want to put toy down to get in car seat					
Dad takes toy and puts child in car seat					
Dad drives and child cries whole way to Grandma's house	e is not going	well planning focuses o	on completing the routine; if the routine is goin	ng well planning focuses	

51

Provider: _____

on embedding learning opportunities within the routine



(This plan and the analysis of effectiveness are to be completed by the early interventionist and caregiver together)

Routine/Activity: Community Outings Location (if outside the home) Church

Mom and child drive home

on embedding learning opportunities within the routine

Is this routine going well? Yes No (circle one)				Focus: Routine or Creating Opportunities (circle one)			
What I would like to see happen during this routine:							
What is the current situation?							
Steps in the Routine	Problem (y/n)	Adaptations that will be used	What I w	ill do	What my child is expected to do		
Mom wakes up child and feeds her breakfast							
Mom helps child get dressed for church (wash face, diaper, dress)							
Mom puts child in car seat and drives to church							
Arrive at church about 20 minutes early to talk to friends, child sits in stroller							
Child cries and wants to get out of stroller							
Mom holds child during church service (@60 minutes), child whines and cries							
Mom gets up and leaves sanctuary when child becomes too noisy							
Mom and child leave church, mom puts child in							

Note: If the routine is not going well, planning focuses on completing the routine; if the routine is going well, planning focuses

Child: ______ Provider: _____

_	1
Э	Z

Date: _____



(This plan and the analysis of effectiveness are to be completed by the early interventionist and caregiver together)

Focus: Routine or Creating Opportunities (circle one)

Routine/Activity: Bedtime____ Location (if outside the home) _____ Date: _____

Is this routine going well? Yes No (circle one)

What I would like to see happen during this routine:				
What is the curre	ent situation	?		
Steps in the Routine	Problem (y/n)	Adaptations that will be used	What I will do	What my child is expected to do
When it is 8:00 p.m. the child is told it is time for bed.				
Child begins to cry				
Parent carries child to his room.				
Parent changes child's diaper and puts pajamas on child				
Parent puts child into the child's bed.				
Child gets out of his bed and goes to parent's room.				
Parent carries child back to his room				
Parent puts child into his bed				
Parent stays in room until child falls asleep				
Note: If the routin		well, planning focuses on connities within the routine	npleting the routine; if the routine is	s going well, planning focuses

Provider: ____



(This plan and the analysis of effectiveness are to be completed by the early interventionist and caregiver together)

Focus: Routine or Creating Opportunities (circle one)

54

Provider: ___

Routine/Activity: Bedtime____Location (if outside the home) _____

Is this routine going well? Yes No (circle one)

What I would like to see happen during this routine:

on embedding learning opportunities within the routine

What is the curre	ent situation?	?		
Steps in the Routine	Problem (y/n)	Adaptations that will be used	What I will do	What my child is expected to do
Bath time is completed, pajamas are on	, , , , , , , , , , , , , , , , , , ,			•
Parent and child go to kitchen and child has a light snack				
Parent and child go to bathroom and child's teeth are brushed				
Parent and child go into child's room.				
Parent and child lay down on child's bed				
Parent rubs child's back until child goes to sleep				
Parent leaves the child's room.				
Child does not often sleep long after the parent leaves the bed.				
Note: If the routin	e is not going	well, planning focuses	on completing the routine; if the routine is goi	ng well, planning focuses

Child: _____



(This plan and the analysis of effectiveness are to be completed by the early interventionist and caregiver together)
*The adaptations provided on the chart are examples. Some adaptations are not appropriate for the birth to three population however all examples are appropriate for the birth to six population. Please keep this in mind when deciding what adaptations to use.

Routine/Activity: Bedtime	Location (if outside the home)		Date:
Is this routine going well? Yes No (c	ircle one)	Focus:	Routine or Creating Opportunities (circle one)
What I would like to see happen d	luring this routine:		
What is the current situation?			

Steps in the	Problem	Adaptations that could be used	What I will do	What my child is
Routine	(y/n)			expected to do
Parent and child		 Use a <u>scooter</u> for moving to the bedroom. 		
go into child's		 Have the child hold on to a <u>hula hoop</u> to 		
room		increase stability.		
		Stabilize the child while walking by tying		
		magazines or newspapers around his/her legs.		
		Build a Scoot-a-bout so the child can		
		independently move from one place to another.		
		Perform a short activity that the child likes to do		
		before bedtime; create a schedule so he/she		
		can anticipate the reward.		
		• Create a <u>schedule</u> to help the child transition.		
		If the child is in a wheelchair, create a <u>seatbelt</u>		
		cover so he/she is more likely to stay fastened in		
		the chair on the way to the bedroom.		
Child undresses		If the child's clothing or pajamas have zippers or		
and puts on		buttons use a <u>dressing stick</u> , sew easy or		
pajamas		grippers for more independence while grasping.		
		• Create a <u>schedule</u> to help the child transition.		
		Wear a <u>communication bib</u> that illustrates what		
		comes next.		
		Perform a short activity that the child likes to do		
		before undressing; create a schedule so he/she		
		can anticipate the reward.		
		Let the child pick out their pajamas using a		
		choice making device.		
		Provide a <u>child sized bench</u> to sit on while		
		undressing.		
		Make a <u>barrel seat</u> for the child to sit on.		
		Use a <u>communication display</u> to communicate		
		with the child through pictures.		
		<u> </u>		
				55

Child:	Provider:
CIIII CIIIII CIIII CIIIII CIIII CIIIIII	110114611

Steps in the Routine	Problem (y/n)	Adaptations that could be used	What I will do	What my child is expected to do
Child gets into bed & lies down		 Create a schedule to help the child transition. Wear a communication bib that illustrates what comes next. Have the child hold on to a hula hoop to increase stability while moving to the bed. Use the box for decreasing the child's fidgeting to help the child climb into bed. Position your child in bed using bolsters. 		
Parent reads child a story		 Use a Velcro bracelet to help child turn pages of book Use a variety of page turners to help the child turn the pages of the book (<u>Page turners</u>) 		
Parent tucks child in		 Create a schedule to help the child transition. Wear a communication bib that illustrates what comes next. Use a communication display to say goodnight to the child. 		
Parent turns lights out		 Create a <u>schedule</u> to help the child transition. Wear a <u>communication bib</u> that illustrates what comes next. Use <u>taction pads</u> to allow the child to turn off the light. 		
Child goes to sleep		 Use taction pads to allow the child to turn on the light or alert parents they are awake during the night. Use a talking picture frame and a baby monitor to allow the child to communicate during the night. 		

Note: If the routine is not going well, planning focuses on completing the routine; if the routine is going well, planning focuses on embedding learning opportunities within the routine

Child:	Provider:



(This plan and the analysis of effectiveness are to be completed by the early interventionist and caregiver together)

Routine/Activity Bedtime Location (if outside the home)	Date:
Is this routine going well? Yes No (circle one)	Focus: Routine or Creating Opportunities (circle one)
What I would like to see happen during this routine:	
What is the current situation?	

Steps in the Routine	Problem (y/n)	Adaptations that will be used	What I will do	What my child is expected to do
Take child				
upstairs to				
bathroom				
Put on pajamas,				
brush teeth				
Go to child's				
bedroom				
Child gets into				
bed				
Read story				
Turn closet light				
on, room light off,				
close door				
Child goes to				
sleep				

Note: If the routine is not going well, planning focuses on completing the routine; if the routine is going well, planning focuses on embedding learning opportunities within the routine

Child:	Provider:	



(This plan and the analysis of effectiveness are to be completed by the early interventionist and caregiver together)

Routine/Activity: Bedtime Location (if outside the home)	Date:
Is this routine going well? Yes No (circle one)	Focus: Routine or Creating Opportunities (circle one)
What I would like to see happen during this routine:	
What is the current situation?	

Steps in the Routine	Problem (y/n)	Adaptations that will be used	What I will do	What my child is expected to do
After getting PJs	,			•
on child picks				
three books to				
read				
Child and Mom				
read books				
Child and Mom				
walk to child's				
room				
Child is picked up				
and placed into his				
bed.				
Child and Mom				
say a goodnight				
prayer				
Mom leaves the				
room				
Child goes to				
sleep				

Note: If the routine is not going well, planning focuses on completing the routine; if the routine is going well, planning focuses on embedding learning opportunities within the routine

		58
Child:	Provider:	



(This plan and the analysis of effectiveness are to be completed by the early interventionist and caregiver together)

Routine/Activity: Going to Grocery Store Location (if outside the home)

Is this routine going well? Yes No (circle one)			Focus: Routine or Creating Opportunities (circle one)		
What I would like to see happen during this routine:					
What is the curre	ent situation	?			
Steps in the Routine	Problem (y/n)	Adaptations that will be used	What I will do	What my child is expected to do	
Child is taken to the car and put in car seat				•	
Mom drives to the grocery store					
Mom gets child out of car seat and out of car into a cart in the parking lot					
Mom and child enter the store					
Mom quickly wheels cart down aisles and put items into cart					
Mom pays Mom and child return to car and put groceries in car					
Mom removes child from cart and puts in car seat					
Mom and child drive home Note: If the routin	e is not going	well, planning focuses on co	mpleting the routine; if the routine is	going well, planning focuses	
		nities within the routine		- 99, F	

Child: _____



(This plan and the analysis of effectiveness are to be completed by the early interventionist and caregiver together)

Routine/Activity: Errands____ Location (if outside the home) _____ Date: _____

rocus: Routine going wen: Tes No (circle one)				
What I would like to see happen during this routine:				
What is the curre	ent situation?	?		
Steps in the Routine	Problem (y/n)	Adaptations that will be used	What I will do	What my child is expected to do
Child and caregiver drive to the store				
Caregiver takes child out of car and puts in cart				
Child cannot sit up in the cart				
Child is placed into the main part of the cart				
Caregiver and child enter store Caregiver begins				
to put groceries in cart, space for groceries is limited				
Child does not like groceries in his sitting area				
Caregiver pays Child cries until store is left.				
Child and caregiver return to car and put groceries away				
Caregiver returns child to car				
Child and caregiver drive home				
Note: If the routin	e is not going	well, planning focuses	on completing the routine; if the routine is goin	ng well, planning focuses

60

Provider: ____

on embedding learning opportunities within the routine



(This plan and the analysis of effectiveness are to be completed by the early interventionist and caregiver together)

Date: _____

Focus: Routine or Creating Opportunities (circle one)

Routine/Activity: Errands____ Location (if outside the home) _____

Is this routine going well? Yes No (circle one)

another adult can accompany

Child and caregiver return home

What I would like to see happen during this routine:

What is the current situation?					
Steps in the Routine	Problem (y/n)	Adaptations that will be used	What I will do	What my child is expected to do	
Child and caregiver					
get into the car Caregiver puts child into car seat					
Caregiver drives through each business; dry cleaners, bank, etc					
Child and equipment too heavy/cumbersome for caregiver to be taking all in and out of car seat numerous times.					
Other errands must					

Note: If the routine is not going well, planning focuses on completing the routine; if the routine is going well, planning focuses on embedding learning opportunities within the routine

Child:	Provider:



(This plan and the analysis of effectiveness are to be completed by the early interventionist and caregiver together)

Routine/Activity: Errands____ Location (if outside the home) _____ Date: _____

Is this routine going well? Yes No (circle one)

What I would like to see happen during this routine:				
What is the current situation?				
Steps in the Routine	Problem (y/n)	Adaptations that will be used	What I will do	What my child is expected to do
Child and caregiver ride bus to Dr.'s office				
Wait time is 1 hour minimum, Child becomes				
agitated, Caregiver becomes frustrated				
Child becomes hungry and bored				
Child and caregiver are called back for appointment				
Child is not cooperative with Dr.				
Child and caregiver leave Dr.'s office				
Child and caregiver ride bus home				
		well, planning focuses on onities within the routine	completing the routine; if the routine is goin	ng well, planning focuses

62

ild:	Provider:	

Focus: Routine or Creating Opportunities (circle one)



(This plan and the analysis of effectiveness are to be completed by the early interventionist and caregiver together)

Routine/Activity: Errands____ Location (if outside the home) _____ Date: _____

Is this routine going well? Yes No (circle one)

What I would like to see happen during this routine:

What is the current situation?				
Steps in the	Problem	Adaptations that	What I will do	What my child is
Routine	(y/n)	will be used		expected to do
Caregiver puts				
child in stroller				
Caregiver and				
child leave house				
Child rides in				
stroller and				
Caregiver walks to				
pick up siblings				
Walk includes				
large grassy,				
bumpy hills				
Stroller gets stuck				
and is hard to push				
Caregiver is				
worried child will				
fall out				
Caregiver and				
child pick up				
siblings				
Caregiver and				
children walk				
home				
			on completing the routine; if the routine is goi	ng well, planning focuses
on embedding lear	ning opportur	nities within the routin	e	

63

Focus: Routine or Creating Opportunities (circle one)



(This plan and the analysis of effectiveness are to be completed by the early interventionist and caregiver together)
*The adaptations provided on the chart are examples. Some adaptations are not appropriate for the birth to three population however all examples are appropriate for the birth to six population. Please keep this in mind when deciding what adaptations to use.

Routine/Activity: Errands	Location (if outside	e the home)	Date:
Is this routine going well? Yes	No (circle one)	Focus:	Routine or Creating Opportunities (circle one)
What I would like to see happer	1 during this routine:		
What is the current situation?			

Steps in the Routine	Problem (y/n)	Adaptations that could be used	What I will do	What my child is expected to do
Parent prepares child to go outside	(J/II)	 Perform a short activity that the child likes to do before or after; create a schedule so he/she can anticipate the reward. Use a communication device to show the child where you are going Put Velcro under the child's buttons to increase ease and independence Have the child use a dressing stick Add a knob or gripper to the child's coat zipper to make it easier to zip up Have the child sit in a bucket seat while you prepare for outside 		expected to do
Parent and child leave the house		 Scooter for moving around. Have the child hold on to a hula hoop to increase stability. Stabilize child while walking by tying magazines or newspapers around their legs. Build a Scoot-a-bout so the child can independently move from one place to another. Create a schedule to help the child transition. If your child is in a wheelchair, create a seatbelt cover so he/she is more likely to stay fastened in the chair Use a communication display to communicate with the child through pictures. 		
Steps in the	Problem	Adaptations that could be used	What I will do	What my child is

s that could be used	What I will do	What my chi
Child:	Provider:	

Routine	(y/n)			expected to do
Parent and child		To entertain child bring crayon nibbles, egg crayon,		
go to errand site		adapted crayon holder, etc.		
(using		Use a portable communication device to		
transportation)		communicate with child		
		Use a picture schedule of what to expect		
		Bring an adapted tape recorder with headphones		
		to keep the child entertained		
		Create a seatbelt cover so the child is more likely		
		to stay fastened		
		Use bolsters to help position the child		
		Use a scooter for transporting the child		
		Use a portable communication device to		
Parent and child		communicate with child		
go to store (from		Create a <u>schedule</u> to help the child transition.		
transportation)		If your child is in a wheelchair, create a seatbelt		
		cover so he/she is more likely to stay fastened in		
		the chair		
		Use a scooter for transporting the child To entertain child bring groven pibbles, agg graven		
Parent and child		To entertain child bring crayon nibbles, egg crayon, adapted crayon holder		
run Errands		Use a velcro bracelet to hold toys while you shop		
		so they don't drop		
		 Use a pool noodle for protection from sharp edges 		
		in grocery cart		
		Use a portable communication device to		
		communicate with child		
		Create a <u>schedule</u> to help the child transition.		
		Bring an adapted tape recorder with headphones		
		to keep the child entertained		
		Create communication cards with the items from		
		your grocery list or items that the child might see		
		If your child is in a wheelchair, create a seatbelt		
		cover so he/she is more likely to stay fastened in		
		the chair		
		Use bolsters to help position the child		
		Use a scooter for transporting child		
Parent and child		Use a portable communication device to		
leave store		communicate with child		
		• Create a <u>schedule</u> to help the child transition.		
		If your child is in a wheelchair, create a seatbelt		
		cover so he/she is more likely to stay fastened in		
		the chair		
Parent and child		Use a scooter for transporting child Use a portable communication device to		
go to car, bus etc.		Use a portable communication device to communicate with child		
bo to car, bus etc.		Create a <u>schedule</u> to help the child transition.		
		If your child is in a wheelchair, create a seatbelt		
		cover so he/she is more likely to stay fastened in		
		the chair		
		Use a scooter for transporting child		
Gt · A	D 13		TT/1 / T - 111 1	****
Steps in the	Problem	Adaptations that could be used	What I will do	What my child is
Routine	(y/n)			expected to do
		Child:	Provider:	65

Child:	Provider:

Parent and child	To entertain child bring crayon nibbles, egg crayon,	
go home	adapted crayon holder	
	Use a portable communication device to communicate with child	
	Create a <u>schedule</u> to help the child transition.	
	Bring an adapted tape recorder with headphones to keep the child entertained	
	Create a seatbelt cover so the child is more likely to stay fastened	
	Use bolsters to help with positioning	
Parent and child go to house	Use a portable communication device to communicate with child	
	• Create a schedule to help the child transition.	
	If your child is in a wheelchair, create a seatbelt	
	cover so he/she is more likely to stay fastened in the chair	
	Use a scooter for transporting child	

Note: If the routine is not going well, planning focuses on completing the routine; if the routine is going well, planning focuses on embedding learning opportunities within the routine

Child:	Provider:



(This plan and the analysis of effectiveness are to be completed by the early interventionist and caregiver together)

Routine/Activity Chores Location (if outside the home) _____ Date: ____

Is this routine going well? Yes No (circle one)

windows with

Child puts towel in laundry room and Mom puts spray away Child goes to next

towel

activity

What I would like to see happen during this routine:

What is the curre	ent situation?	?		
Steps in the	Problem	Adaptations that	What I will do	What my child is
Routine	(y/n)	will be used		expected to do
Mom and child go	_			_
to laundry room				
Mom gets				
cleaning spray and				
child bangs on				
cabinet to get				
towel				
Mom and child go				
to windows that				
will be cleaned				
Child helps Mom				
spray windows				
Child wipes				

Note: If the routine is not going well, planning focuses on completing the routine; if the routine is going well, planning focuses on embedding learning opportunities within the routine

Child:	Provider:

67

Focus: Routine or Creating Opportunities (circle one)



(This plan and the analysis of effectiveness are to be completed by the early interventionist and caregiver together)

Routine/Activity: Chores Location (if outside the home) _____ Date: ____

Is this routine going well? Yes No (circle one)

child's hands and face at sink
Child goes to next

activity

What I would like to see happen during this routine:						
What is the curre	ent situation?	?				
Steps in the	Problem	Adaptations that	What I will do	What my child is		
Routine	(y/n)	will be used		expected to do		
Caregiver asks						
child to clean up						
her dishes after						
mealtime						
Child attempts to						
carry bowl with						
food in it but can't						
grasp with both						
hands, spills on						
floor; child cries						
Caregiver helps						
child clean up						
spilled food and						
carry bowl to sink						
Child attempts to						
carry open cup						
with liquid to						
sink; drops cup						
and spills, cries						
Caregiver helps						
child clean up						
spilled liquid and						
carry cup to sink						
Caregiver washes						

Note: If the routine is not going well, planning focuses on completing the routine; if the routine is going well, planning focuses on embedding learning opportunities within the routine

Child:	Provider:

68

Focus: Routine or Creating Opportunities (circle one)



(This plan and the analysis of effectiveness are to be completed by the early interventionist and caregiver together)

Date: _____

Routine/Activity: Chores Location (if outside the home)

grabs basket. Basket is too large and child drops basket of laundry

on floor.

Mom cleans up

grasp ends and move ends together. Mom lets him play with laundry while she finishes

Is this routine going	g well? Yes N	No (circle one)	Focus:	Routine or	Creating Opportunities (circle one)
What I would like	e to see happ	en during this routin	ne:		
What is the curre	ent situation?	•			
Steps in the	Problem	Adaptations that	What I w	ill do	What my child is
Routine	(y/n)	will be used	.,		expected to do
Mom asks child to	-				
help her fold clean					
laundry					
Child runs to					
laundry room and					

laundry and
carries basket to
couch. Child cries
and wants to help.

Child needs
assistance to sit on
couch, so Mom
picks him up and
puts him between
2 cushions.

Mom hands him
dishtowels to fold,
but he cannot

folding.

Note: If the routine is not going well, planning focuses on completing the routine; if the routine is going well, planning focuses on embedding learning opportunities within the routine

Child:	Provider:	69



(This plan and the analysis of effectiveness are to be completed by the early interventionist and caregiver together)

Routine/Activity: Chores Location (if outside the home)	Date:
Is this routine going well? Yes No (circle one)	Focus: Routine or Creating Opportunities (circle one)
What I would like to see happen during this routine:	
What is the current situation?	

Steps in the Routine	Problem (y/n)	Adaptations that will be used	What I will do	What my child is expected to do
Caregiver and	· · · · · · · · · · · · · · · · · · ·			•
child go to kitchen				
Caregiver asks				
child to help get				
breakfast ready				
Caregiver asks				
child to get				
spoons; child can't				
grasp utensils and				
drops them				
Caregiver gives				
child stack of				
plastic bowls to				
carry to table;				
child carries one				
at a time and				
places them on				
chairs where he				
can reach				
Caregiver asks				
child to get cereal				
from cupboard;				
child attempts to				
carry two boxes				
and falls down				
Caregiver picks up				
child and puts				
child in high chair				
Caregiver picks up				
cereal boxes and				
puts cereal into a				
bowl for child and				
for herself				
Child and				
caregiver eat				
cereal				

Child:	Provider:	70

Steps in the Routine	Problem (y/n)	Adaptations that will be used	What I will do	What my child is expected to do
Caregiver takes bowls to sink and puts away cereal boxes				
Caregiver takes child out of high chair				
Child washes hands and face at sink with help from caregiver				
Child goes to next activity	a is not going	wall planning facuses	on completing the routine; if the routine is goin	ng wall planning focuses

Note: If the routine is not going well, planning focuses on completing the routine; if the routine is going well, planning focuses on embedding learning opportunities within the routine

		71
Child:	Provider:	



(This plan and the analysis of effectiveness are to be completed by the early interventionist and caregiver together)

Routine/Activity: Chores Location (if outside the home)	Date:
Is this routine going well? Yes No (circle one)	Focus: Routine or Creating Opportunities (circle one)
What I would like to see happen during this routine:	
What is the current situation?	

Steps in the Routine	Problem (y/n)	Adaptations that will be used	What I will do	What my child is expected to do
Caregiver asks	(y/II)	will be useu		expected to do
child to help wash				
the				
windows/sliding				
glass door in				
kitchen; child gets				
excited excited				
Caregiver asks				
child to get bucket				
of cleaning				
supplies; child				
goes to cabinet				
and gets basket				
but can't grasp				
handles				
Caregiver assists,				
carrying basket,				
and hands child				
roll of paper				
towels to carry;				
child and				
caregiver go to				
windows to clean				
Child wants to				
squirt Windex but				
cannot grasp				
bottle and pull				
trigger; caregiver				
assists				
Caregiver cleans				
up supplies and				
puts them away				
Child goes to next				
activity				

Note: If the routine is not going well, planning focuses on completing the routine; if the routine is going well, planning focuses on embedding learning opportunities within the routine

Child:	Provider:	



(This plan and the analysis of effectiveness are to be completed by the early interventionist and caregiver together)
*The adaptations provided on the chart are examples. Some adaptations are not appropriate for the birth to three population however all examples are appropriate for the birth to six population. Please keep this in mind when deciding what adaptations to use.

Routine/Activity: Chores	Location (if outsi	de the home)	Date:
Is this routine going well? Yes N	No (circle one)	Focus:	Routine or Creating Opportunities (circle one)
What I would like to see happen	during this routine:		
What is the current situation?			

Steps in the	Problem	Adaptations that could be used	What I will do	What my child is
Routine	(y/n)			expected to do
Parent and child		Use a communication device with chores the child		
decide what chore		is able to perform, let the child choose the chore		
the child will do or		they would like to do.		
help with		 Create a <u>list of chores</u> the child may perform during 		
		the week, have the child pick one chore out during		
		t he beginning of chore time. Keep this card out		
		while the child performs the chore, when done		
		have the child put the finished chore in the 'done'		
		pile. The next day have the child select a different		
		chore and put it in the done pile until all chores		
		have been done.		
		Perform a short activity that the child likes to do		
		before or after; create a <u>schedule</u> so he/she can		
		anticipate the reward.		
		Use a communication device to show the child		
		what chore the parent will be doing		
		Have the child help set the table by creating an		
Child and parent		object calendar with steps for getting out supplies.		
get supplies		This may help the child remember what things are		
		needed for particular chores.		
		• Create a <u>list of</u> supplies needed to do the chore.		
		Parent or child can get supplies, child puts supplies		
		that have been taken out into the container.		
		Create a <u>schedule</u> to help the child stay on task,		
		cover up old tasks when done.		
		If the child is unable to participate, keep an eye on		
		him/her while the chores are being done. Place		
		the child in a laundry basket for support and place		
		a small plastic desk over the laundry basket. Bring		
		some toys for the child to play with		
		If the child uses a stander, attach a tray and provide to use to play with while the green are		
		provide toys to play with while chores are		
		performed.		
		Use a <u>communication display</u> to communicate with		
		the child through pictures.		

Child:	Provider:

Steps in the	Problem	Adaptations that could be used	What I will do	What my child is
Routine	(y/n)			expected to do
Parent and child go to the area where		 <u>Scooter</u> for moving around. Have the child hold on to a <u>hula hoop</u> to increase stability. 		
the child will		Stabilize your child while walking by tying		
perform chore		magazines or newspapers around their legs.		
		Build a Scoot-a-bout so the child can independently		
		move from one place to another.		
		Create a <u>schedule</u> to help the child transition.		
		 Create a <u>schedule</u> to help the child stay on task, cover up old tasks when done. 		
		If your child is in a wheelchair, create a seatbelt		
		cover so he/she is more likely to stay fastened in the chair		
		 Use a <u>communication display</u> to communicate with 		
		the child through pictures.		
		Stabilize your child while they walk by tying		
		magazines or newspapers around their legs.		
Child manfamma		Build a Scoot-a-bout so the child can independently		
Child performs chore		 move from one place to another. Create a <u>schedule</u> to help the child transition. Or 		
Chore		use My Day Board.		
		Create a <u>list of tasks</u> to perform and have the child		
		put the finished tasks in the 'done' pile		
		Create a <u>schedule</u> to help the child stay on task,		
		cover up old tasks when done.		
		 If the child is unable to participate, keep an eye on him/her while the chores are being done. Place 		
		the child in a laundry basket for support and place		
		a small plastic desk over the laundry basket. Bring		
		some toys for the child to play with		
		If the child uses a stander, attach a tray and		
		provide toys to play with while chores are performed.		
		 Use a <u>communication display</u> to communicate with 		
		the child through pictures.		
		Use a grip to help child grasp small things		
		Velcro bracelet to pick up small items		
Child puts away		 Create a <u>schedule</u> to help the child transition. Or use My Day Board. 		
supplies		 Create a list of tasks to perform and have the child 		
		put the finished tasks in the 'done' pile.		
		Create a <u>schedule</u> to help the child stay on task,		
		cover up old tasks when done.		
		If the child is unable to participate, keep an eye on him /hor while the charge are being done. Place		
		him/her while the chores are being done. Place the child in a laundry basket for support and place		
		a small plastic desk over the laundry basket. Bring		
		some toys for the child to play with		
		If the child uses a stander, attach a tray and		
		provide toys to play with while chores are		
		performed.Use a tape recorder or switch with the 'cleanup'		
		song recorded on it, have the child press the switch		
		when it is time to clean up.		
		Use a <u>communication display</u>		

Child:	Provider:

Steps in the Routine	Problem (y/n)	Adaptations that could be used	What I will do	What my child is expected to do
Child goes to next activity		 Create a schedule to help the child transition. Or use My Day Board. Create a list of tasks to perform and have the child put the finished tasks in the 'done' pile. Create a schedule to help the child stay on task, cover up old tasks when done. Use a communication display to communicate with the child through pictures 		

Note: If the routine is not going well, planning focuses on completing the routine; if the routine is going well, planning focuses on embedding learning opportunities within the routine

Child:	Provider: