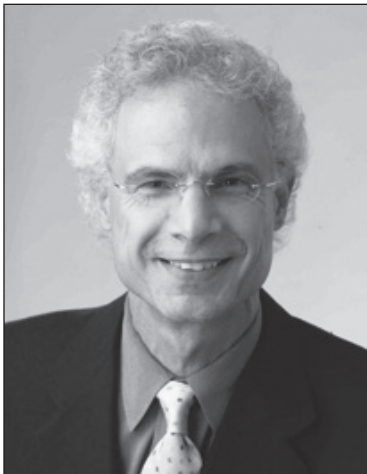


# Integrative Medicine Grand Rounds

*presents*

## Yeast Meets West: Comparative Research on Chinese Red Yeast Rice versus Statin Therapy for Hyperlipidemia



*Presenter:*

### Steven C. Halbert, MD

Dr. Halbert is Clinical Assistant Professor in the Department of Emergency Medicine at Thomas Jefferson University, and he is part of the academic faculty of the Jefferson-Myrna Brind Center of Integrative Medicine. He is board certified in both Internal Medicine and Emergency Medicine, and he has practiced Integrative Medicine for 25 years. Dr. Halbert was recently funded by the National Institute of Health to complete a research fellowship at the University of Pennsylvania School of Medicine. His research has focused on Preventive Cardiology and the application of integrative approaches to reduce cardiovascular risk.

### Overall Goals and Objectives:

1. Understand the role of complementary and alternative therapies for reducing cardiovascular risk.
2. Describe recent original research evaluating Chinese red yeast rice and lifestyle modification as an alternative lipid-lowering approach.
3. Learn integrative treatment options for patients who cannot tolerate conventional lipid-lowering therapy such as statin drugs.
4. Understand methodological issues and future directions in the study of integrative approaches to lipid-lowering.

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**May 5, 2009, 8–9 a.m.**

**925 Chestnut Street  
2nd Floor Conference Room**

**For more information, please call 215-955-3014.**