

# Integrative Medicine Grand Rounds

*presents*

## An Integrative Approach to Treating Low Back and Hip Pain



*Presenter:*

**Ian A. Cyrus, MS**

OM Practitioner

Ian Cyrus is a practitioner of acupuncture and Oriental medicine at the Jefferson-Myrna Brind Center of Integrative Medicine. He has studied, practiced, and taught various forms of Traditional Asian Healing Arts for over 30 years. Mr. Cyrus specializes in the treatment of chronic and acute myofascial pain and dysfunction, sport injuries and musculoskeletal pain. He is the president emeritus of the American Association of Oriental Medicine (AAOM) and has served as visiting faculty at two Oriental Medicine training institutions.

### Overall Goals and Objectives:

1. Review Current treatment model for low back and hip pain
2. Describe common causes and mechanisms of injury
3. Learn Oriental Medicine Assessment approach to low back and hip pain
4. Review integrative treatment options for low back and hip pain

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**November 11, 2008**

**8–9:15 a.m.**

**925 Chestnut Street  
2nd Floor Conference Room**

**For more information, please call 215-955-3014.**