



Jefferson | Myrna Brind Center
of Integrative Medicine

Integrative Medicine Grand Rounds

presents

FACILITATING EMOTIONAL AND PHYSICAL HEALTH WITH INTENSIVE SHORT-TERM PSYCHOTHERAPY



Presenter:

Patricia Couglin, PhD

Clinical Psychologist, Jefferson-Myrna Brind Center of Integrative Medicine

Dr. Patricia Couglin is a Clinical Psychologist at the Jefferson-Myrna Brind Center of Integrative Medicine with over 25 years of experience. Her expertise is in the theory and technique of Intensive Short Term Dynamic Psychotherapy, a model of treatment developed by Habib Danvaloo, MD designed to accelerate and condense the analytic process. Dr. Couglin is the author of two books and numerous articles, and she provides training to professional groups throughout the United States and Europe.

Overall Goals and objectives:

- 1) Identify somatic patterns of emotional repression.
- 2) Review published data on the links between repressed feelings, impulses, and physical symptoms.
- 3) Learn how to facilitate healthful emotional expression.

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May 11, 2007 8:00 – 9:15 am

**Jefferson Alumni Hall
1020 Locust Street
Room 407**

For more information, please call 215-955-3014.



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