



Jefferson | Myrna Brind Center
of Integrative Medicine

Integrative Medicine Grand Rounds

presents

INTEGRATIVE NUTRITION: AN UPDATE ON THE PRINCIPLES AND PRACTICE OF NUTRITION WITHIN INTEGRATIVE NUTRITION



Presenter:

Joel S. Edman, DSc, FACN, CNS

Director of Integrative Nutrition at the Myrna Brind Center of Integrative Medicine and a Clinical Assistant Professor in the department of Emergency Medicine, Jefferson Medical College.

Dr. Joel S. Edman is currently the Director of Integrative Nutrition at the Myrna Brind Center of Integrative Medicine, and a Clinical Assistant Professor in the department of Emergency Medicine, Jefferson Medical College. He received his Master's Degree in Clinical Nutritional from Drexel University and his Doctorate in Nutritional Sciences from Boston University. Dr. Edman is a Fellow of the American College of Nutrition and a Certified Nutrition Specialist (CNS). He is an author on over 20 peer-reviewed research articles and abstracts, and he has lectured widely on the topics of nutrition, diet and lifestyle. Dr. Edman was the Director

of Nutrition and Research Coordinator at the Atkins Center for Complementary Medicine in New York City, and he was a Clinical Nutritionist and lecturer at Canyon Ranch in the Berkshires.

Overall Goals and objectives:

- 1) Review important diet-related problems, including abnormal glucose tolerance, food intolerance, and inflammation.
- 2) Learn appropriate strategies for targeted nutritional support.
- 3) Understand how to apply integrative nutrition within an integrative medicine practice model to maximize health.
- 4) Discuss future directions of integrative nutrition research.

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April 13, 2007 8:00 – 9:15 am

**Herbut Auditorium
1025 Walnut Street
Ground Floor**

For more information, please call 215-955-3014.



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