

2nd Annual Diabetes Symposium

New Advances and Innovations

October 11, 2013

COURSE LOCATION

Dorrance H. Hamilton Building
Thomas Jefferson University
1001 Locust Street
Philadelphia, PA 19107



EARN UP TO
7.25 CME CREDITS
& 7.2 CNE CREDITS



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THOMAS JEFFERSON UNIVERSITY AND HOSPITALS

COURSE DESCRIPTION

The *2nd Annual Diabetes Symposium: New Advances and Innovations* has been specifically designed for healthcare providers involved in all aspects of care of the diabetic including practicing endocrinologists, primary care physicians, family physicians, nurse practitioners, physician assistants, certified diabetes educators, dietitians, nurses and trainees. This CME conference offers a unique setting of keynote lectures and panel discussions with nationally/internationally renowned experts in the field together with ample time and opportunity for the audience to interact with the distinguished faculty in a dedicated allocated Q&A time period during both morning and afternoon sessions.

The agenda developed by the course directors, Serge Jabbour, MD and Jeffrey L. Miller, MD, includes in-depth presentations on a myriad of hot topics, covering an overview of diabetes management discussing older and newer agents, diabetes and cancer, diabetes and cardiovascular disease, management of obesity including diet, exercise, drugs and surgery. In addition to the keynote lectures, the agenda also includes two panel discussions where expert faculty will provide guidance to participants in applying the new knowledge into their practices. The combined format of lively panels and didactic presentations will allow the audience to observe and question the experts as they discuss real patient cases. In addition, with the use of an Audience Response System during the panel session, speakers will further engage the participants and allow them to assess their knowledge and skill levels with their peers.

The ultimate goal of the *2nd Annual Diabetes Symposium: New Advances and Innovations* is to provide a unique educational and learning experience to practitioners, allowing them to improve the delivery of care for diabetic patients through didactic lectures together with dedicated panel discussions and ample time for Q&A.

LEARNING OBJECTIVES:

Based on the performance gaps identified, objectives for this activity include:

- Analyze ADA AACE and EASD guidelines to clarify the risks, benefits, contraindications and appropriate uses of older versus newer therapeutic agents
- Utilize appropriate treatment algorithms to individualize therapy based on each patient's needs, with special attention to combination approaches
- Discuss the spectrum of newer therapies, including oral drugs, injectables, and insulins.
- Review the evidence regarding side effects and controversies related to various therapeutic options
- Communicate effectively with patients in regards to therapeutic options and their potential side effects and benefits.
- Based on the newest guidelines, effectively help patients meet and maintain appropriate glycemic, blood pressure, and lipid goals.
- Define all aspects of metabolic disease versus diabetes, and develop office protocols to address these with each patient
- Screen patients for physical and emotional quality of life impacts of diabetes and metabolic syndrome, and appropriately refer them for additional treatment or counseling.
- Based on current evidence, describe the relationship between diabetes and cancer in terms of risk and treatment effects
- Summarize the comorbidity between diabetes and cardiovascular disease, and develop appropriate screening and therapeutic approaches to manage them.
- Through intensive case discussions, develop approaches to treating and managing complex patient situations.
- Describe the relationships between diabetes and obesity, and review the lifestyle changes that can improve patient outcomes and quality of life.
- Analyze the evidence for various diets, and communicate with patients as to which diets are scientifically valid to improve their outcomes.
- Review management strategies beyond dieting, such as pharmacotherapy and bariatric surgery.
- Participants are expected to assess their individual practices in light of the information and discussions during the course, and identify specific strategies to implement as part of a continuing improvement process for their practices.

Agenda

7:00 AM	Registration, Continental Breakfast & Exhibits
7:45 AM	Welcome and Introduction Serge Jabbour, MD Jeffrey L. Miller, MD
8:00 AM	Keynote: Overview of Diabetes Management: 20th Century David Nathan, MD
8:40 AM	Keynote: Overview of Diabetes Management: 21st Century Vivian A. Fonseca, MD
9:20 AM	PANEL: Cases for Discussion Moderator: Intekhab Ahmed, MD Panelists: Robert Eckel, MD, Vivian Fonseca, MD, Edwin Gale, MD, FRCP, David Nathan, MD, and Paul Ridker, MD
10:20 AM	Break & Exhibits
10:40 AM	Keynote: Diabetes and Cancer Edwin Gale, MD, FRCP
11:20 AM	Audience Questions with Panelists - Moderator: Jeffrey L. Miller, MD Panelists: Robert Eckel, MD, Vivian Fonseca, MD, Edwin Gale, MD, FRCP, David Nathan, MD, and Paul Ridker, MD
12:00 PM	LUNCH & EXHIBITS
1:20 PM	Keynote: Diabetes & Cardiovascular Disease Paul Ridker, MD
2:00 PM	PANEL: Cases for Discussion Moderator: Kevin Furlong, DO Panelists: Robert Eckel, MD, Vivian Fonseca, MD, Edwin Gale, MD, FRCP, David Nathan, MD and Richard Wender, MD
2:45 PM	Break & Exhibits
3:00 PM	Focus on Diabetes and the Obese
3:00 PM	Diet & Exercise for the Obese Diabetic Cheryl Marco, RD, CDE
3:30 PM	Keynote: Management of Obesity – Beyond Diets Robert Eckel, MD
4:10 PM	Audience Questions with Panelists - Moderator: Serge Jabbour, MD Panelists: Robert Eckel, MD, Vivian Fonseca, MD, FRCP, Edwin Gale, MD, FRCP, Cheryl Marco, RD, CDE, David Nathan, MD, and Paul Ridker, MD
5:00 PM	Symposium Adjourns Cheese & Wine Reception to follow with Special Guest of Honor

JEFFERSON CO-COURSE DIRECTORS

Serge Jabbour MD

Professor of Medicine

Director, Division of Endocrinology, Diabetes, and Metabolic Disease

Jeffrey L. Miller, MD

Professor of Medicine

Division of Endocrinology, Diabetes, and Metabolic Disease

FEATURED GUEST SPEAKERS

Robert Eckel, MD

Professor of Medicine

Program Director, Adult General Clinical Research Center

University of Colorado School of Medicine

Aurora, CO

Vivian A. Fonseca, MD

Professor of Medicine

Tulis-Tulane Alumni Chair in Diabetes

Chief, Endocrinology and Metabolism

Tulane University Medical Center

New Orleans, LA

David Nathan, MD

Professor of Medicine

Director, Massachusetts General Hospital Diabetes Center

Harvard Medical School; Massachusetts General Hospital

Boston, MA

Paul M Ridker, MD

Eugene Braunwald Professor of Medicine

Director of the Center for Cardiovascular Disease Prevention

Harvard Medical School; Brigham and Women's Hospital

Boston, MA

Edwin Gale, MD, FRCP

Emeritus Professor

Diabetes and Metabolism - School of Clinical Sciences at the University of Bristol

Bristol, United Kingdom

JEFFERSON MEDICAL COLLEGE FACULTY

Intekhab Ahmed, MD

Clinical Associate Professor of Medicine

Kevin Furlong, DO

Associate Professor of Medicine

Cheryl C. Marco RD, CDE

Coordinator of Diabetes Education and Weight Management

Richard C. Wender, MD

Alumni Professor and Chair, Department of Family and Community Medicine

ACCREDITATION INFORMATION

Jefferson Medical College of Thomas Jefferson University is accredited by the ACCME to provide continuing medical education for physicians.

Jefferson Medical College of Thomas Jefferson University designates this live activity for a maximum of **7.25 AMA PRA Category 1 Credit(s)TM**.

Physicians should claim only the credit commensurate with the extent of their participation in the activity.

Application for CME Credit has been filed with the American Academy of Family Physicians. **Determination of credit is pending.** For additional information, call the Office of CME, Jefferson Medical College at 215-955-6992.

Thomas Jefferson University Hospital is an approved provider of continuing nursing education by the PA State Nurses Association, an accredited approver by the American Nurses Credentialing Center's Commission on Accreditation.

A maximum of 7.2 contact hours will be awarded for this program. The participant must attend the entire program to be eligible for full contact hour credit.

FACULTY DISCLOSURE

All faculty participating in continuing medical education activities sponsored by Jefferson Medical College are expected to disclose to the activity audience any real or apparent conflict(s) of interest related to the content of their presentation(s). Full disclosure of faculty relationships will be made at the activity.

EXHIBITS

Exhibits will be open during registration, breaks, and lunch. We wish to thank our grantors and exhibitors for their participation and support of this conference.

PARKING INFORMATION

Parking is available at the Dorrance H. Hamilton Building. The entrance to the parking lot is on 11th Street between Locust and Walnut Streets.

ACCOMMODATIONS

A limited block of guest rooms at the special discount rates below are available at the Holiday Inn Express Midtown located at 1305-11 Walnut Street, Philadelphia, PA 19107. Rates are guaranteed (based on availability) until September 11, 2013. Contact the hotel reservations department at 215-735-9300 to reserve a room and refer to the "Jefferson Diabetes Symposium."

2nd Annual Diabetes Symposium: *New Advances and Innovations* **October 11, 2013**

REGISTRATION INFORMATION

The registration fee for the entire course is **\$175.00** for Physicians, **\$120.00** for Nurses/Allied Health Professionals, **\$50.00** for Non-Jefferson Fellows & Residents. **No Charge** for Jefferson Faculty/Staff/Residents/Fellows before **October 4, 2013**. The Registration Fee includes all course materials, CME Certificate, and continental breakfast, lunch and refreshment breaks. The registration fee does not include parking. Your registration will be confirmed via e-mail. Exhibits will be displayed throughout the conference. If you have any special needs, please contact the Office of CME by **October 4, 2013** at 1-888-JEFF-CME.

CANCELLATIONS/REFUND POLICY

Requests for refunds must be submitted in writing and received in the Office of CME by **October 4, 2013**. There will be no refunds after this date. There will be a \$50 processing fee for Physicians, Nurses and Allied Health Professionals. There will be a \$20 processing fee for Non Jefferson Residents & Fellows. Registrants who fail to attend the conference are responsible for the entire fee. All refunds will be processed after the conference. The University reserves the right to cancel or postpone this course due to unforeseen circumstances. In the event of cancellation or postponement, the University will refund registration fees, but is not responsible for related costs or expenses to participants, including cancellation fees assessed by hotels, airlines or travel agencies.

Last Name First Name MI Personal Title (II, Jr.)

Title (Dr., Mr., Ms.) Degree Specialty Institution

Mailing Address

City State Zip

Telephone Work Home Cell Fax

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Web ID (Please provide the last four digits of your Social Security Number as your Web ID. This will allow you to access your CME transcript at anytime after the course.)

Please do **not** include me in upcoming events mailing lists

Are you a Jefferson Medical College Alum? Yes No
If yes, what year? _____

REGISTRATION FEES

- \$175 Physicians
- \$120 Retired Physician
- \$120 Nurses
- \$120 Allied Health Professionals
- \$50 Non-Jefferson Fellows
- \$50 Non-Jefferson Residents
- No Charge – Jefferson Faculty/Fellows/Residents/Staff
(Please note department on form)

To register please use one of the following options:

Register Online: <http://jeffline.jefferson.edu/jeffcme/Medicine/>

Fax: You may fax this form with credit card payment to (215) 923-3212

Phone: For further information, please call the Office of CME at
1-888-JEFF-CME or 215-955-6992

Mail: 2nd Annual Diabetes Symposium

Jefferson Medical College
Office of CME
1020 Locust Street, Suite M-5
Philadelphia, PA 19107

Payment: Please make check payable to Jefferson Medical College, Office of CME, or provide Credit Card Information. Do not send cash.

Registration will not be processed unless full payment is received.

Check is enclosed. Check Number: _____

I hereby authorize use of my: Visa Mastercard

Amount \$ _____

Cardholder's Name

Account Number

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