1st Annual Diabetes Symposium
New Advances and Innovations
September 28, 2012
Dorrance H. Hamilton Building - Thomas Jefferson University
1001 Locust Street
Philadelphia, PA 19107
http://jeffline.jefferson.edu/jeffcme/Medicine/

COURSE DESCRIPTION
Nationally, diabetes affects 25.8 million people or 8.3% of the US population. Diabetes is the seventh leading cause of death in the US and a major cause of cardiovascular disease. Improving patients' outcomes requires a multifaceted approach, starting with individualized glycemic control, appropriate selection of therapies and management of various comorbid conditions, such as hypertension, dyslipidemia and obesity.

The 1st Annual Diabetes Symposium: New Advances and Innovations has been specifically designed for practicing endocrinologists, primary care physicians, family physicians, nurse practitioners, physician assistants, certified diabetes educators, dietitians, nurses and trainees. This CME conference offers a unique setting of keynote lectures and panel discussions with nationally/internationally renowned experts in the field.

The agenda developed by the course directors, Serge Jabbour, MD and Jeffrey L. Miller, MD, includes in-depth presentations on a myriad of hot topics, including glycemic goals, consensus treatment algorithms, diabetes education, inpatient diabetes management, insulin pumps and continuous glucose sensors, and the diabetes landscape in the next decade. In addition to the keynote lectures, the agenda includes four panel discussions where expert faculty will provide guidance to participants in applying new knowledge and clinical guidelines into their practices. The combined format of live debate and didactic presentations will allow the audience to observe and question the experts as they discuss real patient cases. In addition, the use of an audience response system will further engage the participants and allow them to assess their knowledge and skill levels with their peers.

The ultimate goal of the 1st Annual Diabetes Symposium: New Advances and Innovations is to provide a unique educational and learning experience to practitioners, allowing them to improve the delivery of care for diabetic patients.

COURSE OBJECTIVES
At the conclusion of this conference, participants should be able to:
• Recognize the ever-changing glycemic goals in diabetes and individualize therapeutic goals.
• Summarize the latest scientific evidence regarding intensive inpatient glycemic control.
• Analyze and compare the different consensus algorithms in the treatment of diabetes and select the appropriate algorithms for each diabetic patient.
• Manage the comorbidities of diabetes, such as hypertension, dyslipidemia, erectile dysfunction and cardiovascular disease in practice.
• Discuss and review the multiple controversies surrounding diabetes drugs and select the appropriate therapeutic agents for each patient.
• Review the state-of-the-art in insulin pumps and continuous glucose sensors.
• Compare and contrast the multiple fad diets and assess the evidence for their use in practice.
• Analyze diabetes cases drawn from practice and develop management strategies for dealing with complex patient care decisions.
• Describe and evaluate emerging therapies for the care of patients with diabetes.
• Review the various aspects and benefits of diabetes education and implement patient education in the treatment plan.
• Assess their individual practices in light of the information and discussions during the course, and identify specific strategies to implement as part of a continuing improvement process for their practices.

Agenda
7:00 AM Registration, Continental Breakfast & Exhibits
7:30 AM Welcome and Introduction
Serge Jabbour, MD
Jeffrey L. Miller, MD
7:45 AM Keynote: Glycemic Goals: An Ever-Moving Target?
David Nathan, MD
8:30 AM PANEL: Diabetes Drugs:
The Good, the Bad, and the Ugly
➢ Discuss the benefits and side effects of all diabetes drugs
➢ Review the multiple controversies surrounding diabetes drugs
Moderator: Jeffrey L. Miller, MD
Panelists: Vivian A. Fonseca, MD;
Irl B. Hirsch, MD; Silvio E. Inzucchi, MD;
David Nathan, MD; Julio Rosenstock, MD
9:15 AM Keynote: Consensus Treatment for Type 2 Diabetes: ADA, AACE, or “No Consensus?”
Julio Rosenstock, MD
10:00 AM Break & Exhibits
10:30 AM Keynote: Diabetes in the Next Decade
Vivian A. Fonseca, MD
11:15 AM PANEL: The Deadly Quartet:
HTN, Dyslipidemia, ED and CV Disease
➢ Analyze the multiple components of metabolic syndrome
➢ Discuss strategies to manage each component of metabolic syndrome
Moderators: Kevin Forshing, DO
Panelists: Vivian A. Fonseca, MD;
Irl B. Hirsch, MD;
Donna Tomky, MSN, RN, C-NP, CDE, FAADE;
Julio Rosenstock, MD; Richard C. Winder, MD
12:00 PM LUNCH & EXHIBITS
1:15 PM Keynote: Pumping and Sensing:
Where We Are, Where Are We Going?
Irl B. Hirsch, MD
2:00 PM PANEL: Cases for Discussion
➢ Review real cases of diabetes with our experts
➢ Recognize the unusual and challenging presentation s of diabetes
Moderators: Serge Jabbour, MD and Cheryl C. Marco, RD, CDE
Panelists: Irl B. Hirsch, MD; Silvio E. Inzucchi, MD;
David Nathan, MD; Julio Rosenstock, MD;
Donna Tomky, MSN, RN, C-NP, CDE, FAADE
2:45 PM Keynote: Diabetes Education: Looking Through the Kaleidoscope
Donna Tomky, MSN, RN, C-NP, CDE, FAADE
3:30 PM Break & Exhibits
3:45 PM PANEL: Fad Diets in Diabetes: Real or Myth?
➢ Compare the various fad diets
➢ Present scientific data related to fad diets
Moderators: Irl B. Hirsch, MD
Panelists: Silvio E. Inzucchi, MD;
Cheryl C. Marco, RD, CDE; David Nathan, MD;
Donna Tomky, MSN, RN, C-NP, CDE, FAADE;
Barry Ziring, MD
4:30 PM Keynote: Glucose Control in the Hospital:
The Swinging Pendulum
Serge Jabbour, MD
5:15 PM Audience Questions
5:30 PM Course Adjournes
JEFFERSON CO-COURSE DIRECTORS
Serge Jabbour MD
Professor of Medicine
Director, Division of Endocrinology, Diabetes, and Metabolic Disease

Jeffrey L. Miller, MD
Professor of Medicine

FEATURED GUEST SPEAKERS
David Nathan, MD
Professor of Medicine
Director, Massachusetts General Hospital Diabetes Center
Harvard Medical School; Massachusetts General Hospital

Julio Rosenstock, MD
Clinical Professor of Medicine
Director, Dallas Diabetes and Endocrine Center
University of Texas Southwestern Medical School at Dallas

Donna Tomky, MSN, RN, C-NP, CDE, FAADE
Diabetes Educator
ABU Health Partners
American Association of Diabetes Educators

JEFFERSON FACULTY
Intekhab Ahmed, MD
Clinical Associate Professor of Medicine
Division of Endocrinology

Kevin Furlong, DO
Clinical Associate Professor of Medicine
Division of Endocrinology

Cheryl C. Marco RD, CDE
Coordinator of Diabetes Education and Weight Management
Division of Endocrinology

Richard C. Woner, MD
Alumni Professor and Chair
Department of Family and Community Medicine

Barry Ziring, MD
Clinical Associate Professor
Director, Division of Internal Medicine

ACREDITATION INFORMATION
Jefferson Medical College of Thomas Jefferson University is accredited by the ACCME to provide continuing medical education for physicians. Jefferson Medical College of Thomas Jefferson University designates this live activity for a maximum of 7.75 AMA PRA Category 1 Credits™. Physicians should only claim credit commensurate with the extent of their participation in the activity.

Application for CME credit has been filed with the American Academy of Family Physicians. Physicians should claim only the credit commensurate with the extent of their participation in the activity. Full disclosure of faculty relationships will be made at the activity.

Office of CME, Jefferson Medical College at 215-955-6992.

AMA PRA Category 1 Credit(s)™. 7.75

REGISTRATION FEES
$150 Physicians
$120 Nurses
$120 Allied Health Professionals
$120 Non-Jefferson Fellows/Residents
No Charge – Jefferson Faculty/Fellows/Residents/Staff

To register please use one of the following options:
Register Online: http://jeffline.jefferson.edu/jeffcme/Medicine/
Fax: You may fax this form with credit card payment to (215) 923-3212
Phone: For further information, please call the Office of CME at 1-888-JEFF-CME or 215-955-6992

Mail: 1st Annual Diabetes Symposium
Jefferson Medical College
Office of CME
1020 Locust Street, Suite M-5
Philadelphia, PA 19107

REGISTRATION INFORMATION
The registration fee for the entire course is $150.00 for Physicians, $120.00 for Nurses/Allied Health Professionals/Non-Jefferson Fellows & Residents. No Charge for Jefferson Faculty/Staff/Residents/Fellows before September 21, 2012. The Registration Fee includes all course materials, CME Certificate, and continental breakfast, lunch and refreshment breaks. The registration fee does not include parking. Your registration will be confirmed via e-mail. Exhibits will be displayed throughout the conference. If you have any special needs, please contact the Office of CME by September 14, 2012 at 1-888-JEFF-CME.

CANCELLATION/REFUND POLICY
Requests for refunds must be submitted in writing and received in the Office of CME by September 21, 2012. There will be no refunds after this date. There will be a $50 processing fee for all refunds. Registrants who fail to attend the conference are responsible for the entire fee. All refunds will be processed after the conference. The University reserves the right to cancel or postpone this course due to unforeseen circumstances. In the event of cancellation or postponement, the University will refund registration fees, but is not responsible for related costs or expenses to participants, including cancellation fees assessed by hotels, airlines or travel agencies.

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